

ANNUAL HANDOUT FOR 2023

HOST/HOSTESS AND GREETER'S CALENDAR

- All meetings are the 2nd Wednesday of each month, unless otherwise noted.
- Members bring a dish to share, a main dish, salad or dessert, anything you feel like preparing. Please bring enough for at least 6 people. **(SEE PAGE 8 FOR SCHEDULE.)**
- The Chapter supplies disposable plates, cups & plastic ware. If you prefer glass please bring your own.
- Members are asked, each Nov./Dec., to sign up for the month of their choice for the coming year. **If you haven't signed up yet you are welcome to volunteer at any time. Contact the people working the month you would like to help with or contact the Luncheon Coordinator.**
- Host and Hostess and Greeters duties listed on page 4.

January 11	Host & Hostess: Helen Von Gunden Greeter: Lavonne Hidy
February 8	Host & Hostess: Jan Doughty Greeter: Stephen Blucher
March 8	Meet at the Golden Corral. Arrive at 11:30. Eat at 12:00
April 12	Host & Hostess: C. & S. Karlstrom and Beverly Schaab Greeters: Michele Hays
May 10	Host & Hostess: Betty Kyle Greeter: MaryAnn Fraps
June 14	Host & Hostess: Susan Stenstrom Greeter: Helen Von Gunden
July 12	Annual picnic at Black Forest Park, Shoup & Milam. Pavilion #1. Host & Hostess: Chapter Officers & Board of Directors
August 9	No meeting
September 13	Meeting at a restaurant. Meet at 11:30 AM. Eat at 12:00
October 11	Host & Hostess: Candace Lehmann Greeter: Jim Belk
November 8	Host & Hostess: Sandra Van Wormer Greeters: Lin Rozak
December 13	Host & Hostess: Ray and Lin Rozak Greeters: Jan Solverson

IMPORTANT: If you can **NOT** make your assigned month, please make arrangements for someone to take your place, **and** notify the Luncheon Coordinator.

Senior Social held at the Black Forest Lutheran Church from 1 to 4 PM:

January 25th	June 28th
February 22nd	July 26th
March 22nd	August 23rd
April 26th	September 27th
May 24th	October 25th

No Senior Social in November or December.

Cover Girls meet the 1st and 3rd Tuesday at Wolford School - arriving between 9:00 and 9:30 AM They do not meet in June & July.

The local AARP Smart Driver Course is presented in one 4 hour class in Mar. & Oct. at the Black Forest Lutheran Church. Check the website below for most up-to-date info on dates and cost. Classes held in the Church Meeting Hall will be mentioned in the Newsletter.

You must pre-register for the class. Membership in AARP is NOT required. Contact Stephen Blucher at 719-597-5683 for the **Black Forest class only**. To find a course in Colorado Springs call 1-877-390-8806 or via the Internet at www.aarp.org/findacourse

REMEMBER TO SUPPORT OUR COMMUNITY SERVICE PROJECTS

“Do what you can, With what you have, Where you are today.” Ethel Percy Andrus

Instead of putting donations on the front table we are now using the BASKETS located along the south wall of the Hall - under the bulletin board.

Black Forest Cares: We pass a container for monetary donations at meetings or you may bring non-perishable food or personal care items to the meeting when we meet at the church. They also need plastic or paper bags to put groceries in. **BASKET** for food.

Black Forest Lutheran Church: Containers with lids that are suitable to hold liquids, but can be used for food items, need to be 16 oz. or larger - either plastic or glass. They take them to the Marion House Soup Kitchen. Pennies to Mosaic, they do add up. **BASKET**

Gently used or new bath towels for migrant bags & shampoos/soaps from hotels - an on-going need.

St. Jude is again using card fronts for a project. The church has a **BASKET** we can put them in. They want the front only. There should be no writing on the back of the front. *Disney, Hallmark & American Greeting cards can't be used because of copyright issues.*

Wolford School: Boxtops for Education - they now have an expiration date on them. The container to put these in is on the table by the name tags.

The Art Teacher can use paper egg cartons and the foam meat and bakery/cupcake trays for paint trays. Kindergarten teachers love to receive picture stamps we receive from organizations. They cannot use religious ones. Leave Boxtops and items for teachers on the collection table.

Ronald McDonald House: The aluminum pull tabs from drinks, cat food or any aluminum pull tab. They receive funding by the weight of the tabs. **BASKET**

Share Table at monthly meetings: Items members have that they do not need & are willing to share with others. If you can use the item please take it with you. If they have been out at 2 meetings we will donate to an organization or person may take them back.

You may bring items to our meeting & the Community Service Committee will deliver to organizations needing them.

Black Forest AARP Chapter 1100 2023 Budget

WAYS TO HELP OUR CLUB

1. Report Volunteer Hours each month when you sign in at meetings: Hours & number of people under each heading is needed for our 2 reports to AARP at the end of August & the end of December. Please help make this job easier for those recording the hours. Report needs total hours & number of people that participate & headings can change from year to year. If you have question please ask an officer for help. Or you may choose to record your hours on a separate sheet if you do a job each month & turn that in once a year i.e. publicity, secretary, newsletter, etc. rather than filling in the monthly sheet at the meeting.

2. Serve on a committee or as an Officer or Chairperson.

3. Be A Host or Hostess or Greeter at the meetings.

Duties: provide bread or rolls, butter & margarine, set up tables & chairs, provide table decorations & clean up after. Supplies for tables are on the cart located in the Chapter storage closet in the church basement. Please report any supplies that need replacing to the Luncheon Co-ordinator.

A list of where supplies are found will be attached to the serving cart in the storage closet. Please leave the kitchen & meeting room as you found them.

CLEAN UP HELP: Host & Hostess can use extra help at both the beginning & with clean up at the end as we need to take out trash, run the vacuum, & put tables back as we found them. Also return supplies to the storage area.

Greeters Duties: Greet newcomers & guests when they arrive. Help them with HELLO MY NAME IS name tags, have them sign the sign-in sheet as a Guest, introduce them to members, help them find a table with members to enjoy our meeting & give their name to the President.

For Chapter Members remind them of their name tag & to sign in & list hours. Direct to information or share tables or other help they might need. As we leave remind members to return name tags, thank guests for attending & invite them back.

Name tags reminder - Check information table for name tags for guests.

Name Tag Board in ABC order by member last name. Replacement name tags are \$2.00. Contact Stan Beckner about name tags.

AARP activities and Services in the Colorado Springs area:

Tax-Aide	Melody Boshaw	757 719-6574
Senior Employment	Receptionist	635-3579
AARP Deputy State Coordinator for general AARP information	Jerry Bean	282-1844

Other services in our area:

Grief and Loss Program	Ruth Baer	594-0276
Pikes Peak Area Agency on Aging-Information or Assistance		471-7080

To locate help in our area from organizations. Call 211 & the operator will direct your call to the group that provides the services you want or need information about.

Need a place to donate items you no longer need

1) One Nation Walking Together helps Native Americans in several areas. They are in need of beds, hygiene, refrigerators, washers, furniture, appliances, linens, housewares, building materials, including nails, screws etc., to repair homes, Medical supplies, used equipment for education, office supplies & monetary donations . If you need more information contact them at 719-329-0251 or 3150 N. Nevada Ave., 80907. They are closed on Monday so please call & check before making a special trip to their location.
www.onenationwt.org

2) Springs Rescue Mission at 5 W. Las Vegas, 80903. They need hygiene items, baby items, & even a vehicle to help a family in need. You can contact them at www.springsrescuemission.org or call 719-632-1822.

3) VFW Post 101: Donations to help Wounded Warriors Transition Unit at Fort Carson & children of Fallen Soldiers go to summer camp. They can use personal toiletry items, phone cards, newspapers & magazines plus monetary donations. Their address is 702 S. Tejon, 80903. Phone 719-632-2776. E-mail: commander@vfwpost101.org

Colorado AARP office - 303 E. 17th Avenue, Suite 510, Denver, Colorado 80203. Phone (Toll free) 1-866-554-5376; Fax 1-303-764-5999. www.aarp.org/CO

Just a little information about what **AARP Foundation** provides for the community: They offer WorkSearch through its Senior Community Service Employment Program; Women's Scholarship Program; Benefits QuickLINK & AARP Tax-Aide. The Money Management Program; information on Reverse Mortgage program; Care for older Relatives; AARP Foundation Grandparenting Program. If you need more information contact AARP at the toll free number above or by e-mail.

ElderWatch is also an AARP Foundation initiative which is partnering with the CO Attorney General Office to educate CO seniors on SCAMS, ID theft & other criminal activities aimed at Seniors. Contact ElderWatch if you are approached in any way by an individual or organization that you feel uncomfortable with. **AARP ElderWatch**, 303 E. 17 Ave., Suite 210, Denver, CO 80203. Phone-1-800-222-4444 option 2.
Email: www.aarpelderwatch.org (ElderWatch can always use local volunteers in their programs. For more information call the above number.)

2022 OFFICERS

President		Candace Lehmann	314-330-0411
Vice -President		Stan Beckner	596-6787
Secretary		Lin Rozak	495-6767
Treasurer		Jim Belk	330-5293

Board of Directors	2022 - 2023	Helen Von Gunden	495-3651
	2022 - 2023	Electa Beckner	596-6787
	2022 - 2023	Lavonne Hidy	494-1276
	2022 - 2024	Jim Belk	330-5293
	2022 - 2024		
	2022 - 2024	Bev Schaab	596-0762

2022 Standing Committees

Audit Committee Chairperson			
Committee Member		Lin Rozak	495-6767
Committee Member		Stephen Blucher	597-5683
Committee Member		Ray Rozak	495-6767
Awards Committee Chairperson		Candace Lehmann	314-330-0411
		Lavonne Hidy	494-1276
		Stan Beckner	596-6787
Community Service Committee Chairperson			Vacant
Committee Member		Durelle Pithey	331-7405
Committee Member		Beverly Schaab	596-0762
Finance Committee: Chairperson		To be elected	
Committee Member		Jim Belk	330-5293
Health Care Committee Chairperson			
Legislative Committee Chairperson		Electa Beckner	596-6787
Luncheon & Catering Co-ordinator		Lori Belk	339-0287
Membership Committee Chairperson		Lavonne Hidy	494-1276
Committee Member		Stan Beckner	596-6787
Committee Member			

Nominating Committee Chairperson	Lori Belk	339-028
Committee Member		
Committee Member	Electa Beckner	596-6787
Notification Committee		
Telephone Committee Member	Lori Belk	339-0287
E-mail notification	Helen Von Gunden	495-3651
Programs Committee		
Committee Member	Ray Rozak	495-6767
Public Relations Committee Chairperson	Stan Beckner	596-6787
Newsletter, Annual Handout, Chapter Handbook & Roster	Helen Von Gunden	495-3651
Chapter web site editor	Jim Belk	330-5293

(News Releases –Stan Beckner collects articles about our Chapter that are published in newspapers or other publications. If you see one, please cut it out & give it to him. This is an ongoing project to help with the end of year reports.)

Shredding Committee Chairperson	Jim Belk	330-5293
Sunshine Committee Chairperson	Electa Beckner	596-6787

Notify your telephone or e-mail person if you will be **out of town for the next meeting or will be flying south for the winter.** Names and Phone numbers of the Notification Committee members are above.

2023 BOARD OF DIRECTORS MEETING DATES: The Board will meet at 11:30 at the IHOP on Stetson Hills & Powers on the first Friday of January, March, May, July, September and November. All members are invited to attend.

WHEN DO WE CANCEL A MEETING: The handbook states that **if District #20 closes or delays school because of weather there will be no AARP meeting.** The reason for this is District #20 has the elementary school in Black Forest. We have members from at least 5 different school districts. It was hard with our special CO weather to ask someone to make the decision on what the weather was like. If weather is bad in your area please do not put yourself in danger to come out to a meeting. If you have questions because of weather call the President or Vice-President. School closings are announced & scrolled across the TV of a morning.

Dear Members, **Here's the "Menu Schedule" for 2023:**

I've divided up the groups according to the last names on our membership roster so that each group will be about the same size. Our membership has changed slightly from last year so the groups have changed a bit also.

JAN.: A thru H bring Main Entrée; I thru R bring Side dish/Salad; S thru Z bring Dessert

FEB.: A thru H bring Side dish/Salad; I thru R bring Dessert; S thru Z bring Main Entrée

MARCH: Lunch Out. 11:30 at the Golden Corral, 1970 Waynoka Road—the Northeast corner of Powers and Palmer Park Blvd. Each Member pays for their own lunch.

APRIL: A thru H bring Dessert; I thru R bring Main Entrée; S thru Z bring Side dish/Salad

MAY: A thru H bring Main Entrée; I thru R bring Side dish/Salad; S thru Z bring Dessert

JUNE: A thru H bring Side dish/Salad; I thru R bring Dessert; S thru Z bring Main

JULY: Annual picnic at Black Forest Park. The Main Entrée & Sides are provided by the Board. members are asked to bring a dessert or side to share.

AUGUST: No meeting.

SEPT.: Meeting at a restaurant. More info will be provided.

OCT.: A thru H bring Dessert; I thru R bring Main Entrée; S thru Z bring Side dish/Salad

NOV.: Our Main Dinner is catered. A thru K bring Side dish/Salad; L thru W bring Dessert

DEC.: Our Main Dinner is catered. A thru K bring Dessert; L thru W bring Side dish/Salad

Bon Appetit
Lori Belk, Luncheon Coordinator