



## BLACK FOREST CHAPTER OF AARP #1100

“To serve, not to be served”

Chapter Web Site: <http://aarpchapter1100blackforest.weebly.com>

June 13, 2018

**Host/Hostess:** Louis and Ruth Schwarzman

**Greeter:** Don Dinwoodie

**Program:** Demonstration of Tai Chi & seated Tai Chi. Marilyn Reback & Patricia Dix

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### YOU ARE APPRECIATED!

A sincere thanks to the following Chapter 1100 members who volunteered their time to help at the annual Chapter 1100 Shredding event on June 2 at the Black Forest Lutheran Church. They are: Jim & Lori Belk, Stephen Blucher, Dick Cole, Don Dinwoodie, Rita Fitzpatrick, Sharon Fulton, Herb & Pat Guild, Chuck & Shirley Karlstrum, Waldo Pendleton, Durelle Pithey, Bev Schaab, Lou & Ruth Schwarzman, Anna Skinner, Max Stucky, Vijay & Raji Verma, Helen Von Gunden, Lin Rozak & Electa Beckner. Many of the above came early to set up and stayed late to help clean up.

We would like to also acknowledge the 24 personal friends & relatives, as well as those from the Boy Scouts of America & the Electrical Workers Minority Caucus who also voluntarily assisted. We could not have succeeded without them. *(See the list on page 3 of the newsletter for the names of all volunteers.)*

—Ray Rozak & Stan Beckner



Volunteers in bright shirts staff two lines of cars dropping off personal documents for immediate shredding.

After dropping off documents for shredding, drivers receive a short questionnaire of quality of service received & drop off voluntary donations.





Chapter members accepting either food or monetary donations: Vijay & Raji Verma, Lori Belk, Bev Schaab & Sharon Fulton



Karen Ketels of the Black Forest Cares food bank; Chapter member Durrelle Pithey & friend sorting some of the donations.



Refreshment tent for all.



Volunteers enjoy a pizza feast at the end of the day of community service working at the 2018 free shredding event.



AARP Chapter 1100 volunteers & workers pose for a group photo in front of one of the shredding trucks.

List of all volunteers:

NAME	CHAPTER MEMBER	NAME	CHAPTER MEMBER
Beckner, S.	X	Mondragon, D.	
Beckner, E.	X	MRS Driver #1	
Belk, J	X	MRS Driver #2	
Belk, L.	X	MRS Officer #1	
Blucher, S	X	MRS Officer #2	
Bradley, B.		Pendleton, W.	X
Bradley, S		Pithey, D.	X
Campbell, D.		Robertson, E.	
Campbell, W		Robertson, J.	
Carrow, M		Rozak, L.	X
Cole, R.	X	Rozak, R.	X
Davis, A.		Schaab, B.	X
Diedrich, D.		Schwarzman, L.	X
Dinwoodie, D	X	Schwarzman, R.	X
Fitzpatrick, D.		Sharpton, K.	
Fitzpatrick, M		Skinner, A.	X
Fitzpatrick, R	X	Stadt, A.	
Flory, A.		Stuckey, M.	X
Fulton, S.	X	Verma, R	X
Gaunt, B		Verma, V	X
Gaunt, D		Vigil, D.	
Guild, H.	X	Vigil, F.	
Guild, P.	X	Von Gunden, H.	X
Karlstrum, C.	X	Williams, D.	
Karlstrum, S.	X	Zalones, L.	
Ketels, K.			
Maduszak, T.			

**SHREDDING VOLUNTEER HOURS          June 2, 2018**

25 Members                      189 hours  
 27 non-members                130 hours

Ray & Lin before & after event                      273.0 hours  
 Stan & Electa before & after event                49.5 hours  
 Rita F. – making signs, etc.                        10.0 hours  
 Chuck & Shirley before & after event            40.0 hours

TOTAL EVENT:    691.5 hours  
 TOTAL MEMBER ONLY HOURS:                      561.5 hours

6/1/2018 Beginning Checking Account Balance: \$3,162.56

		<b>2018</b>
	<b>MONTHLY</b>	<b>YEAR TO DATE</b>
<b>Income</b>		
Dues		\$500.00
Gifts or Donations		\$100.00
Social Events: 50/50 Drawing	\$32.08	\$128.08
Advertising Income		<u>\$200.00</u>
<b>TOTAL INCOME</b>	<u>\$32.08</u>	\$928.08
<b>Expense</b>		
Meeting Expense		\$220.00
Gifts or Donations		\$50.00
Social Events:		
Black Forest Pavilion		\$100.00
Supplies (sugar, cups, plates)		\$21.18
Administrative Cost (R. Fitzpatrick seminars)	\$62.36	\$431.55
Newsletter Cost		
Other (Liability insurance)	\$102.00	\$171.62
Overcharge on safe deposit box	<u>\$4.16</u>	<u>\$4.16</u>
<b>TOTAL EXPENDITURES</b>	\$168.52	\$998.51
5/31/18 Checking Account Balance		\$3,026.12
CD Account Balance (interest \$1.90)		\$1,507.11



#### CHAPTER COMMITTEES

**Community Service:** Donations to the Black Forest Cares food bank - December \$75.76 Thank you all.

**Health Care:** Wash your hands. Waldo has a list of members willing to loan walkers, etc. so if you need one, or have one to loan, please contact him. If you have questions check with Waldo.

**Notification:** Thanks to Pat Guild & Anita Wolfe for their work on the monthly telephone member notifications & thank you Pat Dix for notifying members via e-mail.

**Public Relations:** PSAs were sent to 9 local newspapers, the Gazette blog & posted to our website regarding the Shredding event and our Chapter related activities and information.

**Sunshine:** Electa sent get well cards to Karen Buck, Linda Siebe, Anita Wolfe, Alberta Davis & Gwen Burk. (Electa is the Sunshine Committee & can be reached at 596-6787. Please call her directly so she doesn't hear about a member second hand.)

- **Visit the Chapter website** at <http://aarpchapter1100blackforest.weebly.com/> so you too can see the latest Chapter information and upcoming events. Many people visit our website during the month and our members find it useful.
- **The "Black Forest AARP Volunteer Drivers"**, which serves the Black Forest & Colorado Springs area, have offered to assist our home-bound members & their neighbors. Volunteer drivers Linda Siebe & Lori Belk would like to remind all Chapter members they can contact Linda for transportation at (719) 433-6205. Perhaps you're without a ride to chapter meetings or to a Doctor's appointment; can no longer drive; are having car problems or have an urgent need to go shopping. Give Linda a call and one of them will take you where you need to go.

## Secretary's Report - May 9th meeting

President Ray Rozak opened the meeting with the Pledge of Allegiance. A prayer was offered by the Youth Minister of the Black Forest Lutheran Church.

Guests were Bonnie Moreland, Alan Conabill, Sheila Hutchinson, David Dix, Lou Garcia, & our speaker Russ Miller.

Birthdays celebrated this month are Jean Brauns, Rosemary O'Connell, Lin Rozak, Theresa Tilton, Richard Cole & Arthur Garcia. Arthur & Ellen Garcia celebrated their anniversary.

Lunch was followed by a most interesting talk on the Navajo Culture by Russ Miller.

Ray then reminded all members present to sign in & note hours served on the sign in sheet. Instead of the Senior Social in April, seven members attended a concert by the Flying W Wranglers held at the Senior Center.

Stan Beckner reminded us of our commitment to staff tables at the Senior Expo in June. A sign-up sheet was passed around for anyone who had not signed up. He talked about the CAT meeting that he attended in Atlanta.

Ray described the fire extinguisher demonstration & noted that few of our members showed up for it. Those who came learned how to use one & had fun doing so.

Stan Beckner described the new forms that state AARP wants us to get people to fill out as a qualification for winning the Chapter Cup. It requests personal information that we have been cautioned not to give to unknown parties. That led Lou Schwarzman into a description of a personal experience of stolen identity involving using his information to make false charges on his account.

Ray reminded us of the annual picnic to be held on July 11. A sign-up sheet was passed around for those who wish to attend with a reminder that if you don't sign up, food will not be ordered for you. Ray will order fried chicken & watermelon & ice cream. Lemonade will be provided. Members are encouraged to provide side salads in order to save money.

On June 2<sup>nd</sup> we will host the annual shredding event. We will need to arrive at 7:00 a.m. for set up of tables & tents. It will be held from 9-noon, with a pizza lunch from noon till 1 when we will clean up. Any cardboard collected will be recycled to Care & Share & a news article will be prepared. Thanks to Waldo & Chuck for enlisting a group of electricians from their union. Members of a local scout troop have also been asked to help by Ray.

We were reminded to think of any worthy project for nomination for a chapter grant. Grants are made through the state office in the amount of \$300-\$1000.00.

Ray reminded us that we MUST reply to the members of the Call Team who either e-mail or call us so that adequate food is available for meetings. Lori Belk sent around a tentative alphabetical list for what to bring for upcoming meetings. We will give this a try so we don't have lopsided menu items. (Few main dishes but an oversupply of desserts, for example.)

Respectfully submitted, Rita Fitzpatrick

### **A message from our Luncheon Coordinator, Lori Belk:**

As she mentioned at the last meeting, we are trying to bring some order to what food is brought to our meetings. Here's Lori's suggestions for the immediate future:

**June** - A thru D bring Main Entrée; E thru P bring Side dish/Salad; R thru W bring Dessert.

**July** = Picnic. **August** = no meeting. **September** = meeting at the Old Country Buffet.

**October** - A thru D bring Side dish/Salad; E thru P bring Dessert; R thru W bring Main Entrée.

## Avoid Auto Repair Fraud

Auto repairs are a fact of life for anyone with a vehicle. While many auto mechanics are trustworthy, there are some who are out to make a quick buck. Dishonest repairmen might falsely inform you that certain repairs are needed or they may bill for services/repairs that were not requested or completed.

Here are some simple steps you can take to avoid fraudulent or unnecessary auto repairs:

**Get referrals** from your family, friends or co-workers for a qualified mechanic. For major, high-cost repairs, consider shops that hold certifications & employ specialists.

**Ask questions & request technical definitions.** Don't be embarrassed to ask questions. Avoid making on-the-spot decisions about repairs & instead request the technician contact you about any proposed repairs - & their estimated costs - before any work is done to your vehicle.

**Demand everything in writing.** Make sure you get written estimates for parts & labor before authorizing repairs. Ensure you understand all shop policies in relation to prices, guarantees, timelines & methods of payment.

**Request a walk-through with your mechanic.** Once your repair is finished, get an explanation of the completed work & guarantees in writing. If any major new parts are installed, be sure to check them before leaving.

Remember to research auto repair shops & mechanics before you select one. Read independent review sites & obtain information from the Better Business Bureau.

If you have questions, don't hesitate to contact an AARP Foundation ElderWatch volunteer specialist if you need more information or want to report an auto repair scam. 800-222-4444 [www.aarpelderwatch.org](http://www.aarpelderwatch.org)

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- **REMINDER ABOUT THE MONTHLY DOOR PRIZE DRAWINGS** - The new person in charge (?) of this activity will need items for the monthly door prize drawings, a Chapter fund-raising activity. Those who attended the July Picnic enjoyed food purchased with money collected through these drawings rather than from the Treasury.
- **Senior Social** - The Senior Socials will be held on June 27th in the Meeting Hall of the Black Forest Lutheran Church. Join other seniors for various games, or just visit.