



BLACK FOREST CHAPTER OF AARP #1100

"To serve, not to be served"

Chapter Web Site: <http://aarpchapter1100blackforest.weebly.com>

February 14, 2018

Host/Hostess: Ray and Lin Rozak

Greeter: Anna Skinner

Program: Heart & Stroke safety tips by Assistant Chief Rebiski, BF Fire & Rescue

New in 2018 is the leadership of AARP Chapter 1100 in Black Forest. At the installation ceremony on January 10th, Mr. Jeremiah Mora, AARP Colorado, Associate State Director-Community Outreach installed & welcomed a new slate of Chapter 1100 Officers. He also presented each new officer with a distinctive lapel pin to confirm his or her position & responsibilities.

A business meeting followed the usual potluck lunch. Ray Rozak, the 2018 Chapter President, outlined some of the important upcoming Chapter activities & goals for 2018 & urged all members to attend & participate.

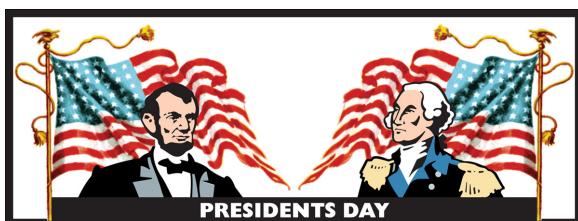
Rita Fitzpatrick presented a short introduction to the "Atlas of Caregiving" with some pertinent life stories, to illustrate the value of *individual & family caregiving planning*. She will present an interactive workshop on the subject on April 11th from 9:30 – 11:30 in the Fellowship Hall of the Black Forest Lutheran Church. The workshop will be FREE & open to the public. Call Rita at 573.6895 if you have questions.

President Rozak reminded Chapter members that the annual Stroke & Heart Attack identification instruction will be presented by Paramedic & Assistant Fire Chief of the Black Forest Fire & Rescue, Jim Rebitski, from 9:30 to 11:30 on February 14th in the Fellowship Hall of the Black Forest Lutheran Church. This valuable reminder illustrates how to identify a person in distress and emphasizes the urgency to take immediate action. The presentation is FREE & open to the public. A person need not be a Chapter 1100 member to attend. All ages are welcome to hear this potentially lifesaving presentation.



AARP Chapter 1100 Officers & Board Members installed by Jeremiah Mora (left front) were Don Dinwoodie, Ray Rozak, Stanley Beckner, Beverly Schaab, Linda Siebe, Rita Fitzpatrick, Jim Belk, Shirley Karlstrum, Louis Schwarzman, & Charles Karlstrum. Not shown are, Patricia Dix, Waldo Pendleton & Lavonne Hidy

Rita Fitzpatrick provided an introduction to the "Atlas of Caregiving", an interactive family caregiving planning class that she will present on April 11th.



Here is the TaxAide 2018 site schedule with the locations for you to call and set up an appointment, where required. Thank you to Bill Avery, the District Coordinator, for this information.

**AARP FOUNDATION
TAX-AIDE**

02/01/2018 - 04/17/2018

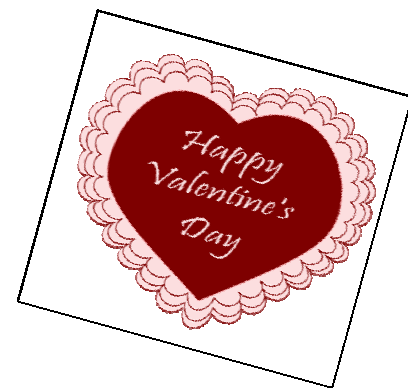
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SITE NAME	ADDRESS	CITY	MON	TUES	WED	THUR	FRI	SAT	Schedule	Notes
COSPGS SENIOR CENTER	1514 N HANCOCK AVE	COLORADO SPRINGS	12:00-5:00PM	-	12:00 - 5:00PM	-	-	-	Appts.	719-955-3400
COSPGS WESTSIDE COMM CTR	1616 W BIJOU ST	COLORADO SPRINGS	10:00AM-1:00PM	-	-	10:00AM - 1:00PM	-	-	Walk-ins & Appts.	Closed President's Day 719-502-1281
COSPGS SUNNYSIDE CHURCH	2025 N MURRAY BLVD	COLORADO SPRINGS	9:00AM-3:00PM	9:00AM-3:00PM	-	-	-	-	Walk-ins	719-271-4130
NORTH COSPGS LIBRARY 21C	1175 CHAPEL HILLS DR	COLORADO SPRINGS	-	9:00AM-5:00PM	-	9:00AM-5:00PM	-	-	Walk-ins & Appts.	Appts Preferred 719-235-6757 1 Hr early close 2/13 3/13 4/10
COSPGS SILVER KEY SENIOR SERVICES	1655 S. MURRAY BLVD	COLORADO SPRINGS	-	-	9:30AM-3:00PM	9:30AM-3:00PM	9:30AM-3:00PM	-	Walk-ins & Appts.	Appts Preferred 719-884-2350

What to Bring? ■ Social Security cards or other official documentation for yourself all dependents ■ Colorado Driver's License or ID Card ■ Copy of last year's income tax return ■ W-2 forms for each employer ■ Unemployment Compensation statements ■ SSA-1099 form if you were paid Social Security benefits ■ All 1099 Forms (1099-INT, 1099-DIV, 1099-MISC, etc.) showing interest and/or dividends, as well as documentation showing the original purchase price or basis of any assets sold ■ 1099 forms, if you received a pension or annuity ■ All forms indicating federal income tax paid ■ Childcare provider information (name, address, employer ID or Social Security number) ■ Receipts or canceled checks, totalled by category, if itemizing deductions ■ Forms 1095, Health Care Coverage ■ Checkbook, if you desire to have Direct Deposit.

1/1/2018 Beginning Checking Account Balance: \$3,145.72

	MONTHLY	2018 YEAR TO DATE
Income		
Dues	\$50.00	\$50.00
Gifts or Donations	\$100.00	\$100.00
Social Events: 50/50 Drawing	\$28.00	\$28.00
Advertising Income		
TOTAL INCOME	<u>\$178.00</u>	<u>\$178.00</u>
Expense		
Meeting Expense	\$220.00	\$220.00
Gifts or Donations (Tri-Lakes Cares)	\$50.00	\$50.00
Social Events:		
Black Forest Pavilion	\$100.00	\$100.00
Supplies (sugar, cups, plates)	\$21.18	\$21.18
Administrative Cost (receipt book)	\$8.03	\$8.03
Newsletter Cost		
Other (Weebly 2 yr. subscription)	<u>\$69.62</u>	<u>\$69.62</u>
TOTAL EXPENDITURES	<u>\$468.83</u>	<u>\$468.83</u>
1/31/18 Checking Account Balance		\$3,145.72
CD Account Balance		\$1,500.00



Chapter dues, \$10.00 per person, are due now & if not paid by February 28th memberships become delinquent & you will be removed from the mailing list & roster.

CHAPTER COMMITTEES

Community Service: Donations to the Black Forest Cares food bank - December \$60.28. Thank you all.

Health Care: Wash your hands. Waldo has a list of members willing to loan walkers, etc. so if you need one, or have one to loan, please contact him. If you have questions check with Waldo.

Notification: Thanks to Pat Guild & Anita Wolfe for their work on the monthly telephone member notifications & thank you to Pat Dix for notifying members via e-mail.

Public Relations: PSAs were sent to 9 local newspapers, the Gazette blog & posted to our website regarding our Chapter related activities and information.

Sunshine: Electa sent get well cards to Alberta Davis, Karen Buck, Anna Skinner, Lexie Manfrin, Edna Eaton, Bill Sanderman, Louis Schwarzman & Helen Von Gunden. (Electa is the Sunshine Committee & can be reached at 596-6787. Please call her directly so she doesn't hear about a member second hand.)

- **Visit the Chapter website** at <http://aarpchapter1100blackforest.weebly.com/> so you too can see the latest Chapter information and upcoming events. Many people visit our website during the month and our members find it useful.
- **The "Black Forest AARP Volunteer Drivers"**, which serves the Black Forest & Colorado Springs area, have offered to assist our homebound members & their neighbors. Volunteer drivers Linda Siebe & Lori Belk would like to remind all Chapter members they can contact Linda for transportation at (719) 433-6205. Perhaps you're without a ride to chapter meetings or to a Doctor's appointment; can no longer drive; are having car problems or have an urgent need to go shopping. Give Linda a call and one of them will take you where you need to go. The next **AARP Safe Driving class** in Black Forest will be held on March 21st at the Black Forest Lutheran Church. Those interested in attending should contact Stephen at 597.5683.

Secretary's Report - January 10th meeting

President Chuck Karlstrum called the meeting to order at 11:25 a.m. Chuck led us in the Pledge of Allegiance. An invocation was offered by Janet of Black Forest Lutheran Church. Members celebrating birthdays this month are Don Dinwoodie, Howard Pease, Raji Verma, Marty Brauns, Marcie Miller, Bobbie Welton & Scotty & Peggy Scott. Marty & Jean Brauns celebrate their anniversary in January. Jeremiah Mora, Art Garcia & Max Stucky were guests.

Jeremiah Mora, AARP Associate State Director for Community Outreach, installed the 2018 Officers & Board of Directors. They are President Ray Rozak, Vice President Chuck Karlstrum, Secretary Rita Fitzpatrick with alternate Linda Siebe, Treasurer Shirley Karlstrum, & Board Members Don Dinwoodie, Stan Beckner, Beverly Schaab, Jim Belk, Louis Schwarzman, Patricia Dix, Waldo Pendleton & Lavonne Hidy.

Following a pot-luck lunch, Chuck Karlstrum handed over the duties of office of President to Ray Rozak. Ray announced that volunteers are needed to step up & help in the coming year. We need a chairperson to head the Community Service Committee, someone to take over the door prize tickets & obtaining prizes for the drawings. Receipts from the drawing and the "50-50" help to fund our catered dinners. Ray noted that the board decided to hold the annual shredding event which will be on June 2nd. Many volunteers are needed to make this a successful event.

Stan Beckner noted that state AARP will sponsor four senior expos put on by the Senior Resource Council on four Saturdays in June. 4 to 6 volunteers will be needed to staff tables at these events.

There was a discussion about verbiage to be used on the new handout being prepared by Helen Von Gunden for recruitment purposes. It was decided that the membership committee would meet & decide on the content of the new handout.

The chapter budget & the chapter audit were submitted & approved by the membership.

Ray reminded the members that year-end reports are due for submission by the 31st of January & reminded members to get in final service hours to Shirley by January 20th.

The Senior Social is on January 24th from 1-4 p.m. in the church hall.

A short presentation was given by Rita Fitzpatrick on a workshop to be offered to members on April 11th here in the Fellowship Hall from 9:30-11:30 a.m. entitled "The Atlas of Caregiving". She outlined with personal examples what can happen when we fail to plan for our future need for caregiving, how it can affect us, our families & our friends. The workshop is designed to help participants & their families assess their resources & possible gaps in the kind of care they would like to have, if & when they are in need of help.

Respectfully submitted,

Rita Fitzpatrick, Secretary

IT'S TIME TO START THINKING ABOUT SIGNING UP FOR THE JUNE 2ND SHREDDING EVENT

Stan Beckner, our Public Relations Committee Chairman, would like to remind everyone of a very important upcoming community service event. The project leads, Ray Rozak & Stan, are urging members to sign up to help. The sign-up sheet will be at the February meeting, or you could contact Ray or Stan. Their phone numbers are in the Annual Handout, page 6.

"The Black Forest AARP Chapter, in conjunction with ElderWatch Colorado & the Black Forest Lutheran Church, will provide a FREE opportunity for citizens to safely destroy personal documents on Saturday, June 2nd from 9 AM to Noon in the parking lot of the Black Forest Lutheran Church, 12455 Black Forest Road. A professional shredding company will shred the documents **onsite**. All cardboard containers will be recycled."

Recognizing a Romance Scam

Online dating has become one of the most popular ways for people of all ages to meet friends, significant others & spouses. While most people have good intentions when using online dating websites, scammers also use the same sites to obtain money, gifts or personal information. When meeting people online, it is important that you use a reputable website & always consider the possibility that the love interest you are chatting with might be a scammer. The following are some red flags to help determine if that "dream date" might actually be trying to steal your money:

- They are contacting you from hundreds of miles away, have inconsistent information in their profile and/or they have an unrealistic photo
- You are asked to move the conversation outside of the dating website to phone, text, Facebook or email
- You are asked to send money or goods before meeting them in person
- They ask you for personal information such as your bank numbers or Social Security number
- They express strong emotions toward you very early in your conversations. If you recognize these warning signs or suspect unusual behavior, report it to the website's administrator & cease all communication with the person immediately.

If you have any questions or concerns don't hesitate to contact an AARP Foundation ElderWatch volunteer to talk you through the situation. Denver Metro Area 303-222-4444 www.aarpelderwatch.org

This newsletter was published and distributed with the assistance of the following merchants:

Black Forest Jeweler , Quality Repair – Custom Design. Watch Batteries. Free Jewelry inspection & Cleaning. Candles – Pottery	(719) 495-8816 11425 Black Forest Rd., 80908
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Chiropractic of Black Forest. Dr. Russell T. Swain Walk-ins always welcome	(719) 494-0900 11590 Black Forest Rd.#20, 80908

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- **REMINDER ABOUT THE MONTHLY DOOR PRIZE DRAWINGS** - The new person in charge (?) of this activity will need items for the monthly door prize drawings, a Chapter fund-raising activity. Those who attended the July Picnic enjoyed food purchased with money collected through these drawings rather than from the Treasury.
- **Senior Social** - The Senior Social will be held on February 28th in the Meeting Hall of the Black Forest Lutheran Church. Join other seniors for various games, or just visit.
- **REMINDER OF CHAPTER MEETING CANCELLATION POLICY:**
If School District 20 cancels classes, or is on late reporting, Chapter meetings will not take place.

Stan and Denny invite you to visit our website at

<http://aarpchapter1100blackforest.weebly.com/>

to see the latest information on Chapter meetings, programs, events, etc.

You can also download any Chapter newsletters from this site.

MARCH

<u>Date</u>	<u>Location</u>	<u>Remarks</u>
March 2	IHOP Stetson Hills	Board Meeting 11:30. Chapter Members may attend.
March 14	Old Country Buffet 801 N. Academy 80909 (Across from the Citadel)	Chapter Meeting 11:30 Start Pay for your own Lunch (Ask for Senior Discount) Abbreviated Business Meeting Program: No program this month
March 21	Black Forest Lutheran Church	Smart Driver Course 12 to 4 pm. Non-AARP individuals are welcome. Call Stephen at 597-5683 for Reservations, Cost, etc.
March 28	BF Lutheran Church	Senior Social 1- 4 PM

APRIL

<u>Date</u>	<u>Location</u>	<u>Remarks</u>
April 11	Black Forest Lutheran Church	Atlas of Caregiving Interactive Workshop, 9:30 – 11:30. Rita Fitzpatrick. FREE and Open to the Public
April 11	Black Forest Lutheran Church	Chapter Meeting 12:00 Start Pot Luck Lunch Program: Age Friendly Businesses in Colorado Springs Angie Vehlewald, Better Business Bureau.
April 25	BF Lutheran Church	Senior Social 1- 4 PM

MAY

<u>Date</u>	<u>Location</u>	<u>Remarks</u>
May 4	IHOP Stetson Hills	Board Meeting 11:30 - Chapter Members may attend.
May 9	Black Forest Lutheran Church	Chapter Meeting 12:00 Start Pot Luck Lunch Program: Navajo Code Talkers, Part 2. Russ Miller.
May 23	BF Lutheran Church	Senior Social 1- 4 PM