



BLACK FOREST CHAPTER OF AARP #1100

"To serve, not to be served"

Chapter Web Site: <http://aarpchapter1100blackforest.weebly.com>

September 13, 2017

LOCATION: The Old Country Buffett, 801 N. Academy across from the Citadel. Starts at 11:30.

It is our 45th Anniversary. Jeremiah Mora, State Coordinator AARP Denver, will be joining us. Short business meeting then Chapter awards will be presented. AND there will be cake!

AARP at the 2017 Black Forest Festival

Black Forest AARP Chapter 1100 participated in the August 12, 2017 Black Forest Festival by sponsoring a booth on the midway. Chapter members also participated in the preparations for the festival & enjoyed the big pancake breakfast with scrambled eggs, sausage, & plenty of orange juice and hot coffee, which the Boy Scouts served starting at 6:30 in the morning.

By the time the festival celebrations were over at 3:30 pm, the chapter had sold items & collected donations totaling \$296.15. The proceeds were donated to the Black Forest Cares Food Pantry. The items sold & donated for the charity by the chapter members were home baked cookies, breads, & cupcakes, as well as carefully nurtured potted plants & many special craft items.

Since the Black Forest Festival was started in 1960, eight AARP Chapter 1100 members have served honorably as Keeper of the Keys to Black Forest.



Pancake Breakfast. Many people enjoyed the pancake breakfast that kicked off the 2017 Black Forest Festival. The local Boy Scout Troop served the meal & cleaned up the tables.



AARP Chapter 1100 Booth on the midway, which featured home-baked food, plants, crafts, & lots of free literature & red T-Shirts.

About 200 people stopped by & chatted & we gave out around 54 red AARP t-shirts and many red plastic AARP bags.

Numerous Chapter members volunteered their time to staff the booth. Shown here are L-R, Beverly Schaab, Electa Beckner & Gwen Burk.

Gifts or Donations	\$296.05	\$396.05
Social Events: 50/50 Drawing		\$125.00
Advertising Income		
TOTAL INCOME	<u>\$316.05</u>	<u>\$831.05</u>
Expense		
Meeting Expense		\$145.00
Gifts or Donations (BF Cares)		\$25.00
Social Events:		
Picnic site rental fee		\$100.00
Supplies (sugar, cups, plates)		\$27.66
Chapter Holiday Dinners		
Administrative Cost	\$5.98	\$13.75
Newsletter Cost	\$49.00	\$49.00
Other (insurance)		<u>\$47.88</u>
TOTAL EXPENDITURES	<u>\$54.98</u>	<u>\$408.29</u>
8/31/17 Checking Account Balance		\$3,811.83
CD Account Interest to date in 2017		\$1.04
CD Account Balance		\$1,041.51

CHAPTER COMMITTEES

Health Care: Wash your hands. Waldo has a list of members willing to loan walkers, etc. so if you need one, or have one to loan, please contact him. If you have questions check with Waldo.

Notification: Thanks to Lavonne Hidy & Linda Siebe (filling in for Pat Guild) for their work on the monthly telephone member notifications & President Karlstrum for notifying members via e-mail.

Public Relations: PSAs were sent to 9 local newspapers, the Gazette blog, posted to our website regarding our Chapter's participation in the Black Forest Festival and other Chapter related information.

Sunshine: Get well cards were sent to: Lin Rozak, Judy Handran, Don Von Gunden, Dick Cole, Lexie Manfrin & Edna Eaton. (Electa is the Sunshine Committee & can be reached at 596-6787. Please call her directly so she doesn't hear about a member second hand.

- Visit the Chapter website at <http://aarpchapter1100blackforest.weebly.com> so you too can see the latest Chapter information and upcoming events. Many people visit our website during the month and we believe our members will find it useful.
- **The "Black Forest AARP Volunteer Drivers"**, which serves the Black Forest & Colorado Springs area, have offered to assist our homebound members & their neighbors. Volunteer drivers Linda Siebe, Lori Belk & Don Dinwoodie would like to remind all Chapter members they can contact Linda for transportation at (719) 433-6205. Perhaps you're without a ride to chapter meetings or to a Doctor's appointment; can no longer drive; are having car problems or have an urgent need to go shopping. Give Linda a call and one of the three of them will take you where you need to go. *This is a free service in the experimental stage during 2017 and if no one participates it won't be available in 2018.*
- **REPEAT OF AN UPCOMING EVENT:** The Pikes Peak Regional Airshow will take place September 23 & 24. It will be the biggest airshow in 2017 featuring the Thunderbirds, WW II aircraft, etc. They are in need of volunteers for set up, to work the event & clean up the day after. (After cleanup there will be a BBQ for the volunteers.) Information at Facebook <https://www.facebook.com/PPRAirshow/> Or contact them at <http://pprairshow.org/> if you want to volunteer - see the Volunteer tab at the top of the home page for details.

Secretary's Report

Minutes from the July 12, 2017 meeting:

President Chuck Karlstrum called the meeting to order at 11:58 a.m. He led members in the Pledge of Allegiance & called on Waldo Pendleton to offer an invocation.

Members who celebrated birthdays this month are: Diane Apodaca, Sue Fletcher & new member Anita Wolfe. He announced the names of people celebrating August birthdays since there is no meeting in August. They are Gwen Burk, Carolyn Jaworski, Beverly Schaab & Linda Siebe. August anniversary congratulations go to Charles & Shirley Karlstrum & Howard & Theresa Tilton. We welcomed Paula Blair of Tri-Lakes Cares who spoke with us briefly about services available to people in the Black Forest, & note that Paula joins us as a new member.

Chuck reminded all of us that Chapter 1100 was set up as a community service organization rather than as a social group. In light of that, he announced a number of volunteer opportunities.

Chuck reminded us that the September Meeting will be held at the Country Buffet. We will celebrate our 45th anniversary. There will be no meeting in August, but we will have a booth at the Black Forest Festival on August 12th. Small craft items are needed for us to sell; volunteers are needed to help with this activity. Contact Gwen Burk to sign up to help. Proceeds benefit Black Forest Cares.

Also in September we have been asked to staff a booth at several YMCA facilities for a community information event. Jeremiah Mora will give us additional information about the YMCA offer. It is a service opportunity.

We have received a request from the sponsors of the Pikes Peak Regional Air Show for volunteers to assist them. A variety of jobs will be available & assigned according to ability, shifts will be set up, & at the conclusion food & drinks will be provided as a thank you to volunteers.

Chuck reminded us of the need to call in an RSVP for catered events so that enough food can be purchased.

Chuck also announced that 2 games will be available for those who want to play today. They are Washer Toss & Bean Bag Baseball.

The Senior Social will be held on Wednesday, July 21st from 1:00-4:00 p.m. in the Fellowship Hall at Black Forest Lutheran Church.

The next Board Meeting will be held on September 1st at the IHOP on Powers & Stetson Hills Drive beginning at 11:30 a.m.

The door prize drawing was held to benefit our catering fund.

Respectfully submitted,

Rita Fitzpatrick, Secretary

CONGRATULATIONS TO RITA FITZPATRICK on being one of those selected to be a Full-voting member of The Commission on Aging for the August 22, 2017 to August 22, 2019 term.

The Colorado Springs City Council confirmed the appointment of 11 Full-voting members & 2 alternates during the City Council meeting.

We hope Rita will now be able to give our AARP Chapter updates from time to time on the activities of the commission.

⇒ **WELCOME TO THE NEWEST MEMBERS OF CHAPTER 1100:** Paula and Raymond Blair and Jessie Springer.

Medicare-Related Fraud

Have you received a phone call or a postcard in the mail offering you a back brace or knee brace? It is not uncommon for Medicare beneficiaries to receive these types of solicitations, even when your doctor has not deemed a medical device necessary. Often the "salesperson" will tell you that the product will help you & it's "free" because it's "covered by Medicare." They will also request lots of personal information, including your Social Security number. If you receive one of these solicitations here are a few tips to remember:

- Hang up: Don't engage with an unsolicited caller who offers you medical supplies.
- Listen to your doctor: Medicare has strict coverage rules for its medical supplies that need to be prescribed by your doctor. Never respond to open solicitations for Medicare-covered supplies.
- Protect your personal information: Only provide your Medicare number to health care providers at the time you are actively seeking service.
- Reconcile your Medicare statements: Carefully monitor your Medicare statements for any claims for services or supplies billed to you which you did not receive.
- Report fraud: If you've been solicited by a potential Medicare scammer, report it by calling the Office of the Inspector General at: 800-447-8477 or visit www.medicare.gov. You can also contact the Colorado Senior Medicare Patrol at: 800-503-5190.

If you have questions about a potential Medicare scam call or medical supply offer you received, contact an AARP Foundation ElderWatch Volunteer Specialist at 800-222-4444, option 2, to talk you through the situation.

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- **REMINDER FROM RAY** - He needs items for the monthly door prize drawings. Remember this is a Chapter fund-raising activity. Those who attended the July Picnic & the Thanksgiving meal enjoyed food purchased with money collected through these drawings rather than from the Treasury.
- **The Senior Social** will be held on September 27th at the Black Forest Lutheran Church.
- **October 11th is the annual AARP CO Awards Dinner**, 4—7 PM. Location: Botanic Gardens, 1007 York St., Denver 80206. Chapter members should consider attending. See Stan Beckner for car-pooling details.
- **AARP Driver Safety Class** - Monday, October 17th. Starts at 12:45 TO 5:00 PM at the Black Forest Lutheran Church. Lasts for 4 hours. Call 597-5683 for class information, costs and **to register for the Black Forest class only**.