



## BLACK FOREST CHAPTER OF AARP #1100

"To serve, not to be served"

Chapter Web Site: <http://aarpchapter1100blackforest.weebly.com>

June 10, 2015

**Hostess and Host:** Lola Geiger and Gwen Burk  
**Greeter:** Electa and Stan Beckner  
**Program:** Program Services Update. Kent Mathews, Pikes Peak Area Council of Government (PPACG), Area Agency on Aging

### EDITOR'S REPORT ON THE CHAPTER'S PARTICIPATION IN THE BOOMER & BEYOND EXPO:

This past Saturday, June 6<sup>th</sup>, saw members of the Chapter volunteering their time to staff our booth at the *23rd Annual Senior Resource Council (SRC) Boomer & Beyond Expo*. Those who volunteered to work this events were: Chuck and Shirley Karlstrum, Stan and Electa Beckner, Ray and Lin Rozak, Diane Apodaca, Bev Schaab, Waldo Pendleton, Linda Siebe and Don and Helen Von Gunden – all wearing our blue Chapter shirts. Kay was there also – visiting many of the 106 booths spread out across the Expo floor.

The theme of the Expo was "Honoring the Generations" since this year's event fell on the 70<sup>th</sup> Anniversary of D-Day. The quilt Shirley created was the focal point of our booth decorations honoring "The Greatest Generation" theme.

Jeremiah Mora, the Associate State Director-Community Outreach, sent an email, after the event, saying it "looks like a truly successful event! It also looks like the table could not have been in a better spot. So glad you and the volunteers were there, ya'll are awesome representatives and I appreciate all you do." Our booth was about 40 feet from the entrance, on the main thoroughfare, and just about everyone stopped at our booth. Stan said we used almost all the literature and handed out all the giveaways, and candy, we had. The sign of a successful event!

In addition to covering our booth we had 3, or more, Chapter members working the Expo entrance all day along with some SRC folks. They were handing out a plastic bag and a "bingo" card for the Expo giveaways, tallying the number of people coming through and giving each person a program for the Expo. It was a busy area all day. A few people even came in 5 minutes before the Expo was shutting down.

Thank you again to those members who participated. You made it a successful event for AARP and our Chapter.





An aisle of booths at the Expo.

**Community Service:** First Step pre-school is in need of foam egg cartons. See page 2 of the 2015 Annual Handout for other needs in our community.

**Finance:**

**Black Forest AARP Chapter 1100 Financial Report for 2015**

May 1, 2015 Checking Account Balance:		\$2,909.41
		<b>Year to Date</b>
<b>Income</b>		
Dues		\$510.00
Gifts or Donations		\$90.00
Tours or Bus Trips		
Social Events:		
50/50 Drawing	\$20.00	\$110.00
Advertising Income	<u>\$20.00</u>	<u>\$135.00</u>
<b>TOTAL INCOME</b>	<b>\$40.00</b>	<b>\$845.00</b>
<b>Expense</b>		
Meeting Expense (Church rent, Park fee)		\$245.00
Gifts or Donations		\$90.00
Tours and Trips		
Social Events:		
Supplies		
Chapter Dinner		
Administrative Cost		\$39.05
Newsletter Cost		\$134.17
Other (Weebly website)		<u>\$18.54</u>
<b>TOTAL EXPENDITURES</b>	<b>\$0.00</b>	<b>\$526.76</b>
April 30, 2015 Checking Account Balance		\$2,949.41
CD Account Balance on 4/15		\$1,039.95
(Includes interest to date of \$.41)		

**Health Care:** Wash your hands. Waldo has a list of members willing to loan walkers, etc. so if you need one, or have one to loan, please contact him. If you have questions check with Waldo.

**Luncheon Coordinator:** Help needed at each meeting. Our Host & Hostess can always use some extra help at the beginning of & especially at the end of our meeting when we have to put everything back as we found it, run the vacuum cleaner, take out the trash & clean the kitchen. If you can give a few minutes please give them a helping hand. Thank you for your help.

**Public Relations:** PSAs were sent to 8 local newspapers, two blogs and posted to our website regarding our participation in the Boomer and Beyond Expo and the upcoming Fight Fraud - Shred Instead event.

**Sunshine:** No cards were sent out this month. Glad we're all feeling good!

**Notification:** Thanks to Lavonne Hidy & Pat Guild for their work on the monthly telephone member notifications & to Don Von Gunden for notifying members via e-mail.

### Secretary's Report

The May 13th meeting was called to order at noon by President Charles Karlstrum who then led the Pledge of Allegiance. The Invocation was given by Youth Pastor Sedra. Hostesses were Pat Dix & Lavonne Hidy. The Greeter was Shirley Karlstrum. People celebrating birthdays were Jean Brauns, Ann & Richard Loy, Rosemary O'Connell & Lin Rozak. No Anniversaries. Guest: Rose Blunt.

There is a new bulletin board for all to read and places to sign up for the projects that are going on with our chapter.

Did you remember to sign in? We need to know how many members attend and count your hours of service. These hours go toward community service projects.

Shirley Karlstrum finished the quilt for the Boomers & Beyond Expo and it is beyond amazing. She wants to raffle it off in September - tickets are 1 for \$1 or 6 for \$5. To whoever wins, I hope they appreciate all the work that went into it. We can't thank you enough Shirley.

Our Shredding event is Saturday the 13<sup>th</sup>. If you volunteered please remember to show up about 8:00 to help set up & stay to help clean up. Stan has the shirts, & a list, so check with him if you need one. We have gloves, hearing protection & dust masks. If you need any of these items please see Ray & he'll help you out. Stan needs your medical & photo release before you can work/volunteer on Saturday.

The awards dinner in Denver is October 2<sup>nd</sup> & you need reservations. Call 1-877-926-8300 & tell them it's for the 2<sup>nd</sup> annual AARP recognition celebration. Be sure to tell them the date.

Marcie Miller does a lot of volunteer work at the National Mill Dog Rescue & she has asked the Chapter members if we could help in a time of emergency if they have to move the dogs out of the kennel. Ray & I are willing to give the dogs a place until they can go back, can anyone else? Please talk to Marcie. I know this was in last month's bulletin but it deserves to be mentioned again.

Our annual Chapter picnic is July 8<sup>th</sup> at the Black Forest Park. The meal is catered & paid for with Ray's drawing proceeds. So thanks to all of you who participate in the drawings where the money goes back to the chapter. Please bring White Elephants for the bingo prizes. There will also be a plant exchange.

The Black Forest Festival is in August & we will need help working on the float. Bring your hammer, nails & elbow grease & I'm sure we can get this done. Gwen is asking for a few members to help her at a table where people can set & rest and hopefully talk about living in the Forest.

Our speaker today was Daryl Branson of the 911 System & Services. He started as a 911 call taker then moved to supervisor & then to his present job where he is in charge of 98 call centers. Staffing is one of the most stressful aspects of his job, 50% of new hires quit. He's often asked if texting is faster, well, not right now! He is working on getting a faster response to texting in Colorado Springs. One of the biggest reasons the call takers are a little slow to answer is the fact that people call when there is no emergency. Questions like where is the nearest Target, gas station or restaurant take up the call takers time & I imagine their patience. To contact 911 it is best if you have a landline phone. They know exactly where you are & if you're having a power outage your landline still works. When calling from your cell phone they have no idea where you are & they need to ask. You may not have an exact location or even what cross roads you're near. They will ask what State & City you're in & transfer your call there. It's best to tell them this information first for quicker service. If your cell phone has no service (connection) 911 will still work as long as your cell phone is charged. When this is the case do not hang up on the call taker—they have no way to call you back. If you have a complaint call & explain it to them & they will do their best to solve it.

We also need items for the monthly drawings. The same people donate all the time so it would be nice if others brought in items. The item need not be expensive, just usable & clean.

Diane will not be making table decorations until October, she needs a break. If any of you are crafty please make something for the tables.

Here's something for all the family: Sat., June 27<sup>th</sup>, at Norris Penrose Event Center there will be a Western Family Gathering featuring The English Brothers from TX & The Flying W Wranglers. There will be pony rides for the kids, wagon rides & cowboy cooking demos. Cost is \$5.00 for ages 5-12, \$10 for ages 13 & up. Ray & I went to one about 2 years ago & had a great time. The music was fantastic, the show great. There's plenty of time so think about joining us for some fun.

Respectfully submitted, Lin Rozak, Secretary

P.S. The Expo, on 6/6, seemed to be a big success. People were showing up when the doors were being closed! Everyone was enjoying themselves & receiving so much information you're brains went on overload. Our booth was very popular & we gave out almost all of the pamphlets & of course all of the free-bees were gone. People commented on the quilt & asked many questions about it. We told many people about the shredding event & quite a few seemed excited. Let's see if they show up. The members who volunteer do so because they like to give back to our community, at the same time it would be nice to see new faces helping at the table. If you are one of those people please talk to Charles or Stan next time the chapter does an event & come join us. Lin

## MISCELLANEOUS CHAPTER BUSINESS

- The **Senior Social** will be held on Wednesday, June 24, 2015.
- The July Board of Directors meeting will actually take place on Friday, June 26th, rather than the first Friday in July because of the July 4th holiday. Please update the 2015 Board of Directors Meeting Dates section of your Annual Handout, pg. 7.
- **UPCOMING CHAPTER ACTIVITIES:** (Check the Community Service Projects board for info & to sign up.)

August 14th	Switchback soccer, information booth
August 15th	Black Forest Festival float & Community Friendship Booth
October 2nd	Bi-annual AARP Recognition Luncheon, Arvada

## JULY 8th PICNIC

It's almost time for our annual Black Forest Park Picnic hosted by the Chapter 1100 Officers and Board of Directors.

The picnic will be at Black Forest Park, 4800 Shoup & Milam Roads, at Pavilion #1. Please let Lavonne, Pat or Don (the Notification Committee) know when they call/send email if you will be attending since it will be a big help with the purchasing of food items for the picnic. The Chapter will supply the chicken, salads, coffee/lemonade and ice cream. **Members are asked to bring desserts.**

The picnic begins at 11:30 AM. It's suggested that chairs be brought for more comfortable seating if so desired. Following lunch, we'll clear the tables and play Bingo — choosing prizes from "white elephant" items donated by attendees. We will also have the annual plant exchange.

Hope to see you there on the 8th!

## This Saturday, June 13th, is our FIGHT FRAUD – SHRED INSTEAD event.

Start collecting your outdated financial documents and bring them to the FREE SHREDDING Event and food drive on Saturday, June 13 at the Black Forest Lutheran Church parking lot at 12455 Black Forest Road in Black Forest. This Identity Theft prevention event is provided from 9 AM to Noon as a community service as well as a means to get food donations to Black Forest Cares.

All documents will be professionally **shredded on site**. All paper will be recycled. Please limit what you bring to the equivalent of three copy- paper size boxes per person. No plastic bags or 3-ring binders will be accepted, as they cannot be shredded.

Your donation of cash or non-perishable food items will go to Black Forest Cares in support of their ongoing effort to combat hunger in the local community.

For more information please call Ray at 719.495.6767 or Stan at 719.596.6787 or visit the FREE SHREDDING Page of the Black Forest AARP Chapter web site at <http://aarpchapter1100blackforest@weebly.com>

See you on Saturday!

**FROM THE EDITOR:** Copies of the 2015 Chapter Annual Handout and updated Chapter Handbook were distributed at the last few meetings - both paper & via email. See me if you don't have your paper copy yet. I'll have them with me at each meeting. Helen



**Flag Day, June 14<sup>th</sup>, is a day for all Americans to celebrate and show respect for our flag, its designers and makers.**

Our flag is representative of our independence and our unity as a nation.....one nation, under God, indivisible. Our flag has a proud and glorious history. It was at the lead of every battle fought by Americans. Many people have died protecting it. It even stands proudly on the surface of the moon. As Americans, we have every right to be proud of our culture, our nation, and our flag. So raise the flag today and every day with pride!

### **Properly Display Our Flag**

Care and handling of the American flag is steeped in tradition and respect. There is a right way and a wrong way to display the flag. This is called **Flag Etiquette**. The American flag should be held in the highest of regards. It represents our nation and the many people who gave their lives for our country and our flag. Here are the basics on displaying the American flag:

- The flag is normally flown from sunrise to sunset.
- In the morning, raise the flag briskly. At sunset, lower it slowly. Always, raise and lower it ceremoniously.
- The flag should not be flown at night without a light on it.
- The flag should not be flown in the rain or inclement weather.
- After a tragedy or death, the flag is flown at half staff for 30 days. It's called "half staff" on land ,and "half mast" on a ship.
- When flown vertically on a pole, the stars & blue field , or "union", is at the top & at the end of the pole (away from your house).
- The American flag is always flown at the top of the pole. Your state flag and other flags fly below it.
- The union is always on top. When displayed in print, the stars and blue field are always on the left.
- Never let your flag touch the ground, never...period.
- Fold your flag when storing. Don't just stuff it in a drawer or box.

When your flag is old and has seen better days, it is time to retire it. Old flags should be burned or buried. Please do not throw it in the trash.

**Did you Know?** There is a very special ceremony for retiring the flag by burning it. It is a ceremony everyone should see. Your local Boy Scout group knows the proper ceremony and performs it on a regular basis. If you have an old flag, give it to them. And, attend the ceremony. (This information came from <http://www.holidayinsights.com/other/flagday.htm>)

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- **CHAPTER WEBSITE** <http://aarpchapter1100blackforest.weebly.com> ~612 hits in the last 30 days

We hope our members will find it useful and it will also serve as a membership recruiting activity. Please pass on to Don and Stan your ideas and recommendations on how we can improve this community outreach vehicle.



## How to Spot Investment Fraud

Investment fraudsters make their living by promising deals that appear both good and true. They are masters of persuasion, and once they know more about you, they will bombard you with influence tactics. The FINRA Investor Education Foundation identified the five most common persuasion tactics used by investment fraudsters:

- Phantom Riches—dangling the prospect of wealth, enticing you with something you want but can't have.
- Source Credibility—trying to build credibility by claiming to be with a reputable firm, or to have a special credential or experience.
- Social Consensus—leading you to believe that other savvy investors have already invested.
- Reciprocity—offering to do a small favor for you in return for a big favor.
- Scarcity—creating a false sense of urgency by claiming limited supply.

What should you do if you suspect a fraudster is trying to use these high-pressure persuasion tactics on you? The best thing to do is end the conversation.

Or, ask the professional if he or his firm is registered with FINRA, the U.S. Securities & Exchange Commission or a state securities regulator. Also ask if the product is registered with an agency. Then visit [www.SEC.gov](http://www.SEC.gov) or [www.SaveandInvest.org](http://www.SaveandInvest.org), or call FINRA (844-574-3577), the SEC (800-732-0330) or the CO Division of Securities (888-295-7422), to check his answer.

If you have questions or concerns about these types of scams, don't hesitate to contact an AARP Foundation ElderWatch volunteer specialist at 1-800-222-4444, telephone option 2.

### Prevent Financial Elder Abuse!

Call us Mon.-Fri., 9 a.m.-4 p.m. MT Our trained volunteer specialists are here to listen and provide assistance.

*Recognize, Refuse, Report*

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