



*Black Forest Chapter of AARP #1100*

*"To serve, not to be served"*

*Chapter Website:*

*<http://aarpchapter1100blackforest.weebly.com>*

*September 5th, 2023*

## **SEPTEMBER LUNCHEON**

September 13th, 2023 - 11:30am - 1:30pm  
Golden Corral, 1970 Waynoka Road, Colo Spgs, CO 80915

It is easiest to get to from Palmer Park Blvd. The restaurant can be seen from the NE corner of Powers Blvd. and Palmer Park Blvd. From Powers turn East onto Palmer Park and then left at the next traffic light into the parking lot for the restaurant. Members pay for their own meals. Be sure to ask for the Senior discount.



## **KEY EVENTS THIS FALL**

### **SENIOR LIFE EXPO EVENT 2023**

Our AARP Chapter will need some volunteers to staff our booth at the event. Sign up at the September Chapter Meeting!!

*Extraordinary Living 50 and Beyond*

*21 October 2023*

*Saturday*

*9am - 2pm*

*DoubleTree Hilton Hotel*

*1775 East Cheyenne Mountain Boulevard*

There is no better way to reach seniors of the Pikes Peak region! Experts will be promoting health, financial planning, home and technology at these highly anticipated one-day events. Don't miss out on your chance to meet one-on-one with thousands of potential clients.

The Gazette's Senior Life Expos are FREE one-day events with free parking and free entertainment! A community event offering seniors and their families the latest products, services, and information on healthy aging. Plenty of free parking, visit with our participating vendors and attend informative speaker sessions!

Speakers: Amada Senior Care, Seniors of The Rockies, Silver Key Senior Services, The Gazette, The Gasper Law Group, AAA Colorado, Envision Healthcare At Home, Iron Mountain Financial, Compassion and Choices, Kaiser Permanente, Humana, Salvation Army, Health Promotion Partners, Cruise Planners.

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**September Events****Monthly Luncheon**

13th Sept. Wednesday  
@ 11:30am  
Golden Corral

**Retiree Appreciation Day**

23rd Sept. Saturday  
@7:30am-12pm  
Peterson Field

**AARP Annual Award**

26th Sept. Tuesday  
@ 11:30am  
Denver

**Senior Social**

27th Sept. Wednesday  
@ 1pm-4pm  
BF Lutheran Church

**The Sunshine Committee**

A get well card was sent to Shirley Karlstrum. Please keep her in your thoughts.

The Sunshine Committee keeps members informed of our member's health situations. They send cards and notes as appropriate. Chapter member who know of someone in needs should contact our current committee volunteer Electa Beckner.

**Announcements**

**Pizza Party on October 11th!** Next month is going to be a bit different from our usual Potluck luncheon. AARP Colorado is providing Pizza for all of us! So no-one needs to bring a Main Dish, instead please bring your choice of either a salad/side or a dessert to share, whatever you enjoy with pizza.

**The announcement that R&R Café** has closed has sadden the Black Forest community. Sunday, Sept. 3rd was their last day of business. R&R Café was a friendly meeting place, and became an important gathering place for comfort and support after the Black Forest Fire. The Owner, Ryan Wanner, supported our AARP Chapter for many years through advertising in our newsletter. We wish him all the best and hope to see him re-established soon. In the meantime, go pick up his fresh roasted coffee at the Backyard Market and Park Union Market through October!

**The Senior Social** is a group of "senior" individuals who are jointly supported by the Black Forest Lutheran Church and AARP Chapter 1100. There are no membership requirements and no dues. The group meets from 1-4 PM in the Fellowship Hall of the Black Forest Lutheran Church the forth Wednesday of every month except November and December. The group socializes and plays dominoes and other board games over light refreshments.

The group is in need of 1-2 individuals to remind frequent group participants of the meetings, prepare the room for the get together, and straighten up afterwards. There is usually plenty of help available to do these tasks. Please contact Durelle Pithey at 719.331.7405 or Stan Beckner at 719.596.6787 if you will help. A little help will make a big difference!

**Retiree Appreciation Day**

Our AARP Chapter will be participating in this year's Retiree Appreciation Day at the HUB on Peterson Field.

## Black Forest Festival

Over cloudy and occasionally rainy skies, Chapter 1100 of AAARP in Black Forest participated in the 2023 Black Forest Festival on 11 August. The chapter provided an array of free literature applicable to today's living as well as free cold water. Pastries and other items were also available. Chapter members also participated in the breakfast prepared by the area Scouts and one chapter member hitched his tractor to a trailer with hay bales on it and provided free "Hay Rides" to many young participants at the Festival.

Membership in Chapter 1100 is available to all ages. Our motto is "To Serve not to be Served". Individuals interested in our Chapter meetings should contact our President, Candace Lehmann, at 314.330.0411. To see what we do visit our web site at

<https://www.aarpchapter1100blackforest.com/index.html>



Several of the Chapter 1100 volunteers at the Chapter 1100 Black Forest table at the Black Forest Festival.

## Upcoming Events

**10/11/2023** - AARP Pizza Party Chapter Meeting @ 11:30am

**10/21/2023** - Senior Life Expo @ 9am-2pm

**10/25/2023** - Senior Social @ 1pm

**11/3/2023** - Board Meeting @11:30



Early morning market set up with the other vendors.



Chapter 1100 member, Ray Rozak, with tractor and load of young festival attendees ready to take a "hay ride" at the festival.



Chapter 1100 members talking to the public at the Black Forest Festival on 11 August in Black Forest.

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