

Black Forest Chapter of AARP #1100

"To serve, not to be served"

Chapter Website:

<http://aarpchapter1100blackforest.com>

June 5th, 2025

## JUNE LUNCHEON

Host/Hostess: Chuck and Shirley Karlstrum

Black Forest Lutheran Church

**Wednesday June 11th, 2025 @ 11:30am - 1:30pm**

What to Bring: Members whose last name begins with A-K please bring a Main Entree; L-R please bring a Side Dish or Salad; S-Z please bring a dessert.



## 2025 BOARD MEMBERS

The 2025 Board Members:

President: Ray Rozak

Vice President: Candace Lehmann

Treasurer: Jim Belk

Secretary: Kim Dunaway

Board Members:

Stan Beckner

Stephan Blucher

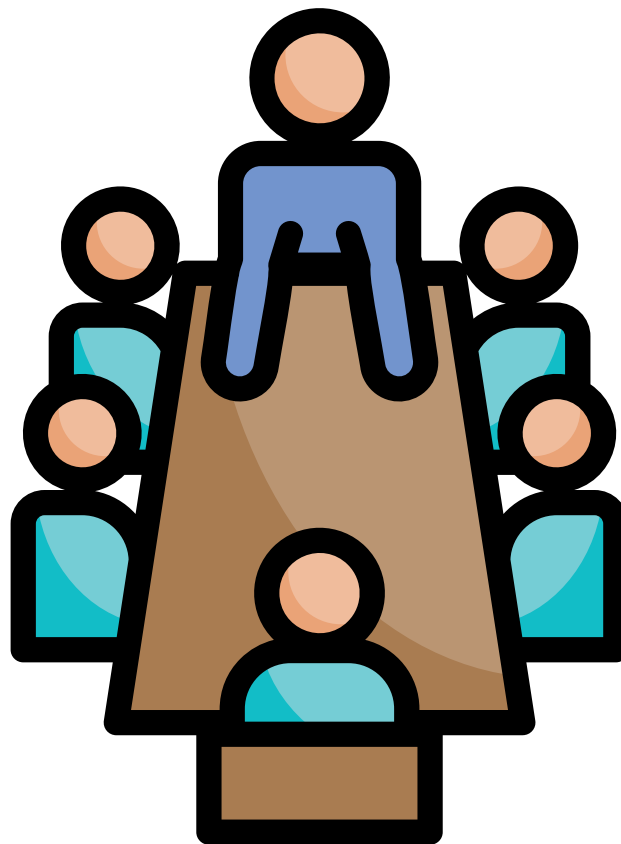
Michele Hays

Bev Schaab

Jackie Schaab

Jan Solverson

We'll get a group picture for the next newsletter!!



**June Events****Monthly Luncheon**

11th June Wednesday  
Luncheon  
@ 11:30am-1:30pm  
BF Lutheran Church

**Flag Day**

14<sup>th</sup> June Saturday

**Fathers Day**

15th June Sunday

**Senior Social**

25th June Wednesday  
@ 1pm-4pm  
BF Lutheran Church

**Upcoming Events**

**06/14/2025** - Flag Day

**06/11/2025** - Luncheon

**06/15/2025** - Father's Day

**06/25/2025** - Senior Social

**07/03/2025** - Board Meeting  
TBD

**07/04/2025** - 4<sup>th</sup> of July

**07/09/2025** - Summer Picnic

**07/12/2025** - County Fair

**07/19/2025** - Shred Event

**August** - No Luncheon

**JULY LUNCHEON  
PREVIEW**

Host/Hostess: Board of  
Directors

**Location: Black Forest  
Regional Park  
Bring a Side dish**

**GENERAL NEWS**

Chapter 1100 of AARP in Black Forest person responsible for directing annual shredding event is Jim Belk, <jebelk@yahoo.com>. Phone Number is 719-330-5293. Staffing: Requires mature Male or Female persons able to safely work in automobile traffic environment: lift/carry items up to 30 lbs; sit at table processing donations and food items; directing automobile traffic in/out of shredding work area., other similar tasks, Volunteers will be assigned jobs by Jim Belk, 719-339-5293. Volunteers asked to be present 1 hr. before and after shred time, i.e. 8 AM to 1 PM, for shredding equipment set up and take down. Free pizza for volunteers after shredding closes at noon. Historically volunteers have been approximately 15 yes. old and up. Most are provided by organizations seeking to do community service projects or individuals just desiring to help. AARP Affiliation not required.

**Standing Committee Vacancies**

WE NEED YOU!

There are a few Chapter openings that need you, and maybe a friend, to team up to work in order to keep our Chapter an asset in the community.

- Awards
- Membership
- Public Relations
- Luncheon
- Sunshine
- Programs

Each need at least one additional person. None of these jobs should take up much of your time. Your Chapter Handbook has the full job descriptions. Contact Candace or Jill if you have questions.

**Anniversaries - June**

Jim and Lori Belk, Stephen and Linda Davies, Kathleen Graberg, Bob and Diane Polonsky, Ray and Lin Rozak, and Felicia Stanton.

**Birthdays - June**

Shirley Karlstrum, Candace Lehmann, Felicia Stanton, Electa Beckner

## May 2025 Board Meeting Minutes

Minutes of the AARP Black Forest Chapter 1100 Board meeting

Held at IHOP Stetson Hills on May 2, 2025

The meeting was called to order by Chapter President Ray Rozak at 11:51 AM with the Pledge of Allegiance and the grace.

Treasurer Jim Belk informed us that he has secured the Shred truck for July 19. He will try asking AARP to pay for pizza for the volunteers. Jim let us know it's time to pay our insurance, which is \$97.00 per year.

Ray said he has shirts for sale at \$10.00 each.

Lori Belk, lunch coordinator, brought up that we need to request volunteers for the 4th of

July picnic. She said the Community Center doesn't charge us for our booth. She also informed us that she checked with the church and there will be no problem using the community room in September or March. Lori also said this is her last year as lunch lady due to health issues. Her service in this capacity will be missed.

Candace Lehmann, Vice President, told us the Gazette is on track with the Senior Social.

The Shoe Fund was brought up and explained. The fund is used for raffle prizes and is not part of the chapter funds. The 50/50 money is chapter funds.

The meeting was adjourned at 12:31 PM.

Respectfully submitted,  
Kim Dunaway, Secretary

## May 2025 Luncheon Meeting Minutes

Minutes of the AARP Black Forest Chapter 1100 General meeting

Held at Black Forest Lutheran Church on May 14, 2025

The meeting was called to order by Chapter President Ray Rozak at 12:05 PM with the Pledge of Allegiance.

Pastor Ken gave the grace.

Ray announced the birthdays of Cheryl Moyer and Lin Rozak this month.

Ray then announced our guest speaker, Rick, from the Community Response Team. Rick passed out info and spoke to us regarding Emergency Preparedness and what we as individuals can do. He gave examples including a GO Bag, signing up for Peak Alerts and staying Informed. He let us know you can survive 3 minutes without air, 3 days without water and 3 weeks without food. He went over some of the information included in the magazine he gave out. This was followed by a discussion on how the Black Forest Fire was a learning tool for preparedness.

Treasurer Jim Belk informed us that he has secured the Shred truck for July 19 and sent around a sign-up sheet for volunteers. He will try asking AARP to pay for pizza for the volunteers. Jim let us know he has paid the insurance, rent and reimbursed Lori for kitchen expenses. He said we have 41 paid members and had a new roster reflecting changes in membership.

The Black Forest Festival was mentioned and do we want a booth to pass out info and an invitation to join us for lunch. This is slated for August 9, 2025, from 9 AM to 2 or 3 PM and a \$5.00 breakfast will be available at 6 AM for those interested. Ray will be doing Hayrides again.

Stephen Blucher says his next Driver Safety Course will be October 22 from 10 AM to 2 PM.

Lori Belk announced that she will be taking a break and needs someone to take over duties as lunch lady. She also informed us that she checked with the church and there will be no problem using the community room in September. She let us know that instead of redoing the potluck rotation sheet to keep things simple, it will be a true potluck. Bring whatever you wish!

It was mentioned that Stan is making longevity badges and will pass those out at our September meeting. This reminded Ray to ask who did not have a name badge.

Drawings for 50/50 and door prizes were conducted.

It was brought up that since we had some meetings cancelled do to the weather the officers weren't officially recorded. To correct this omission the officers for 2025 are.

President – Ray Rozak

Vice President - Candace Lehmann

Treasurer – Jim Belk

Secretary – Kim Dunaway (Mary Kimberly legal name)

The meeting was adjourned at 1:55 PM

Respectfully submitted,  
Kim Dunaway, Secretary

## May 2025 Luncheon Program

The program for the Black Forest AARP Chapter 1100 meeting on 14 May featured Rick Hagan, CERT Program Manager for a 5 Counties in Central Colorado. Rick discussed the need for individuals to pre-plan and practice response to potential disasters which could impact a family and personal property. The plans should include evacuation plans for each member of the family,- to include pets. In each case the plan should be made for each of 5 primary areas; prevention, protection, mitigation, response, and recovery.

Rick's program resulted in a very positive response from the membership who cited personal experiences including everything from local wildfires to winter storms. These lessons learned define the hazards to be avoided. They have taught residents to stay informed and be prepared for every situation. Checklists and Planning Kits are available through the Pikes Peak Regional Office Of Emergency Management (PPROEM). Everyone should start now. Get a Kit, Plan, and be Informed!!

The Chapter enjoyed an extensive pot luck lunch and an informative business meeting. The primary items of the business discussion was the upcoming annual FREE shredding event on 19 July, and the Chapter Picnic on 9 July.

Photo: Rick Hagan, Left, Program Manager for the Regional Office of Emergency Management, receives a Certificate of Appreciation from Chapter 1100 President, Ray Rozak, for an outstanding presentation and discussion of how citizens should safely prepare their family for a multitude of disasters including unplanned events.

From Stan Beckner



## Government Impostors

**Recognize,  
Refuse,  
Report!**

For many years, scammers have been posing as government agencies to try and convince their victims that they are in trouble or need to fix a problem with their benefits. These scam attempts can be very convincing, because many Americans have a Social Security number, pay taxes, have government-related health care benefits (like Medicare) and some are asked to serve on a jury.

If you receive an unsolicited call from someone claiming to be with a federal, state or local government agency, it is likely a scam. If the call seems legitimate and you are still unsure if it is a scam, the following are "red flags" of common government impostor scams:

- The call or text is aggressive, threatening or offensive
- Payment is requested via wire transfer, cryptocurrency, peer-to-peer payment app or prepaid gift card
- They inquire about bank account or login information
- You are expected to act immediately
- They threaten to involve local law enforcement to have you arrested
- You are asked to keep any financial transaction a secret from others
- They ask you to verify information that you would expect them to already know (Social Security number, Medicare number, tax information, address, birth date, etc.)

If you receive a call from what you believe to be a government impostor, hang up right away. If you are still unsure, hang up and call the entity yourself using a known number. If you have questions about scams call AARP ElderWatch at 800-222-4444, option 2.

**Call us  
Monday–Friday,  
9 a.m.–4 p.m.**

**800-222-4444**  
Option 2



**800-222-4444**

Denver Metro Area

303-222-4444

[www.aarpelderwatch.org](http://www.aarpelderwatch.org)



## **Fight Fraud, Shred Instead!**

Please join AARP Black Forest Chapter #1100, Black Forest Lutheran Church and AARP ElderWatch for a FREE community shredding event to safely dispose of unneeded personal and financial documents.

**July 19<sup>th</sup>, 2025 9:00am - 12:00pm**

**Black Forest Lutheran Church  
12455 Black Forest Road  
Colorado Springs, CO 80908**

Three boxes or paper bags will be accepted per vehicle.

Please no plastic or 3-ring binders.

**Donations of nonperishable food items for Tri-Lakes Cares Food Pantry are appreciated.**

Questions? Call AARP ElderWatch, 1-800-222-4444, opt. 2



**AARP ElderWatch**  
a partnership with the Colorado Attorney General

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<p><b>The Painterly</b> <i>Craft Supplies/Painting Demos</i> 12655 Black Forest Road, Ste 124, 80908 (719) 357-5656 Text Only <a href="http://www.thepainterlycolorado.com">www.thepainterlycolorado.com</a></p>	<p><b>Colorado Springs Pies &amp; Grinders</b> <i>Pies, Wings, &amp; More, Dine-In or Take-Out</i> 5490 Powers Center Point, #180, 80920 (719) 282-6888 <a href="https://blackforestpiesandgrinders.com">https://blackforestpiesandgrinders.com</a></p>
<p><b>Rockin B Feed and Supply</b> <i>Feed/Hay/Pet Foods/Tack/Supplements</i> 12440 Black Forest Road, 80908 (719) 495-3463 <a href="http://www.rockinbfeed.com">www.rockinbfeed.com</a></p>	<p><b>Monument Pies &amp; Grinders</b> <i>Pies, Wings, &amp; More, Dine-In or Take-Out</i> 15910 Jackson Creek Pkwy, #120, 80132 (719) 481-8444 <a href="https://blackforestpiesandgrinders.com">https://blackforestpiesandgrinders.com</a></p>

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<p><b>Pampered Pooches Playground</b>          Kennel-Free Dog Boarding &amp; Daycare          Owner Patricia, Animal Behaviorist 40 yrs          Exp, Located in Black forest          (719) 377-2325  <a href="mailto:pamperedpetsandpeople@yahoo.com">pamperedpetsandpeople@yahoo.com</a></p>	<p><b>Annie's Skin Care Boutique</b>          Esthetician &amp; Massage Therapist          Lymphatic Drainage, Facials          5925 East lane, Black Forest 80908          (925) 765-7299  <a href="http://www.vagaro.com/anniesskincareboutique">www.vagaro.com/anniesskincareboutique</a></p>
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<p><b>Tim Kealy - Reverse Mortgage Specialist</b>          (719) 495-8118  <a href="mailto:tkealy@c2financial.com">tkealy@c2financial.com</a>  <a href="http://www.timkealy.com">www.timkealy.com</a> for more info</p>	<p><b>Black Forest Garden Decorations</b>          11420 Black Forest Road, 80908          (719) 424-8175  <a href="mailto:blackforestnurseryco@gmail.com">blackforestnurseryco@gmail.com</a></p>
<p><b>Made In The Shade</b>          Blinds, Shades, and Shutters          12320 Clair Lane, Black Forest 80908          (719) 922-0409</p>	<p><b>Reni Apostolova, Hair Stylist</b>          13305 Bent Spur Trail, Elbert 80106          (720) 376-2201</p>

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