

Black Forest Chapter of AARP #1100

"To serve, not to be served"

Chapter Website:

<http://aarpchapter1100blackforest.weebly.com>

July 8th, 2024

## JULY PICNIC

Our Picnic Lunch this month will be at the Black Forest Regional Park, Pavilion 1, on Wednesday, **July 10th, at 11:30am**. The park is off of Milam, just north of Shoup; go up the hill to the parking lot for the Pavilions. Burgers, Hotdogs, and condiments will be provided by the Board. Members are asked to bring their favorite picnic food or dessert to share. Call Lori Belk for any questions.



## CHAPTER #1100 MEMBER SPOTLIGHT

Candace Lehmann became a Colorado resident about 5 years ago but it didn't take her long to get involved in community service projects. For example she became a Chapter 1100 Chapter member 4.5 years ago and a year later volunteered to be Chapter President. She served our AARP Chapter in an excellent manner during the very difficult years of the Covid virus epidemic when rules for group activities were constantly in change and chapter membership sagged. At the October 2023, Chapter 1100 meeting, State AARP President, Greg Glischinski, presented the AARP 2023 Outstanding Volunteer Service Award to Candace Lehmann in a special ceremony and luncheon in Colorado Springs..

Candace Lehmann is also very active in the League of Women Voters. She has also served as an Election Judge, and run for local office in the Falcon Community where she lives.

Candace has 3 children and 2 Grandsons. Fortunately they live near enough that she can visit them often.

Candace worked for 38 years at her last place of employment. She was attracted to AARP because she wanted to contribute to the local community needs and environment. Candace was attracted to the Black Forest Chapter by the friendliness of the chapter members.

Candace enjoys reading, biking, and volunteering.



## July Events

**4th of July - 7/04**

**Board Meeting**  
**5th July Friday**  
 @ 11:30am iHop

**Annual Picnic**  
**10th July Wed**  
 @11:30am  
 Black Forest Regional  
 Park, Pavillion #1

**El Paso County Fair -**  
 7/13

**Senior Social**  
 24th June Wednesday  
 @ 1pm-4pm  
 BF Lutheran Church

## Upcoming Events

**08/10/2024** - BF Festival

**08/23/2024** - Senior Social

**09/06/2024** - Board Meeting

**09/11/2024** - Monthly Luncheon

**09/24/2024** - Senior Social

**10/09/2024** - Monthly Luncheon

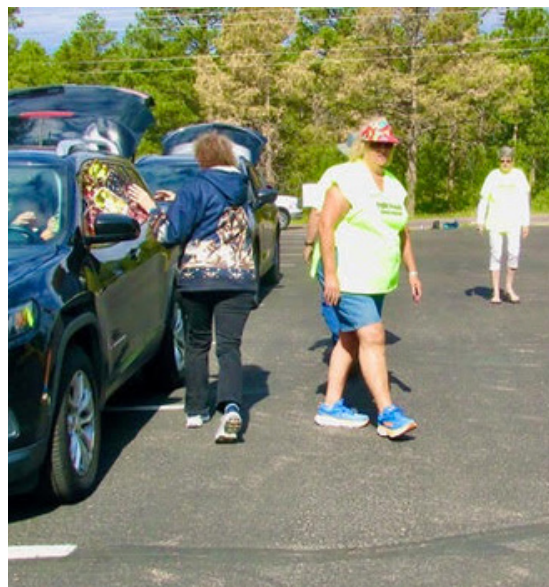
## AUGUST LUNCHEON

No Luncheon in August. enjoy the break and we'll see you in September!

## AARP Shred Event Success!

I want to thank all of our Members who volunteered at the Shred Event on Saturday, June 29th. We had a couple of nonmember volunteers who helped, so a big Thank You to them also! Leilani Ritchie, from Tri-Lakes Cares pitched in and worked the whole event. We collected over 700 pounds of non-perishable food donations for Tri-Lakes Cares. We also collected over \$800 in cash donations. Unfortunately we had to end the event early because the truck that was sent got full about 11:15. Several cars had to be turned away but most still had donations. We have a very caring and generous community!

Thanks to all of you! Jim Belk







Shred-It arrived in time to start accepting at 8:45am. There was slight trouble as the truck was filled by 11:50am! We were able to continue to accept donations for Tri Lakes Cares.



Cars started showing up at 8! There was a steady line the entire morning. Thank you to our community!



Volunteers were accepting donations for AARP Chapter #1100 and Tri lakes Cares. Eight hundred pounds of food was collected!



Lori Belk was handing out flyers for membership and accepting donations from Tri Lakes Cares.

**Monthly Meeting Of Chapter 1100 AARP  
June 12th 2024**

Pastor Ken lead us in our prayer, he asked that we pray for the residents in Berlington, they received a large amount of hail and many homes were damaged.

Our Pledge was by Ray our president, we always stand for the prayer and the pledge.

Birthdays are Electa Beckner and Shirley Karlstrom, and their were three anniversaries, Ray & Lin Rozak, Lori & Jim Belk and Stephen and Linda Davies.

Our Shred It shirts finally came in, and were handed out. That means that everyone who needed shirts have them now. There were a few shirts leftover so if you didn't get yours let Ray know.

The guest speakers are from Tri-Lakes Cares, Jessica Garrison is a case manager and James Russel is a food programs manager. Tri-Lakes does a lot more than help with food distribution, they have many programs like helping with your rent, home repairs, health issues, help with getting you a job and they help with school supplies. They do a whole lot more to help people get on their feet and staying there. They are a no waste facility which means that any food that is donated is not thrown out, some food is given to Marian House. They can provide transportation, at this time they have no handy-cap cars but will try and find a way to help you get where you need to go

Fourth of July picnic (July 10th) at the Black Forest Park is planned and under way. The food will be hot dogs and hamburgers provided by the board members. The members are asked to bring side dishes and desserts. Lemon-aid and watermelon will be provided. I think its one of the best things we do all year.

At the Black Forest Festival we have a spot that is by the building, Max and Jim have tents so we don't melt in the sun. We can set up the night before, if you want to help be there around 5:00 pm. This year we're just handing out information and cold water.

Ray will be giving hay rides (as usual) behind the stands.

Shirley Karlstrom would like the names of spouses of military husbands.

For our new members I (Lin Rozak) need your birthdays and anniversaries so you can be recognized in the appropriate months. Thanks



**Recognize,  
Refuse,  
Report!**

**Call us  
Monday–Friday,  
9 a.m.–4 p.m.**

**800-222-4444  
Option 2**



Social media sites like Facebook, Instagram, X, and any app that lets you connect (chat) with people can provide a convenient way to interact. It is important to remember that scammers also commonly use these platforms to find victims. Scammers often create fake profiles and pretend to either be someone you know, someone you want to know (a celebrity), or an entity you trust. Because there are fake profiles it is difficult to know who you can trust on social media sites. The following are some red flags that you might be targeted by a scammer on Facebook or another social media platform:

- You receive a friend/follow request from someone you are already connected with on that platform.
- You receive private messages from someone you do not know.
- You are informed about an opportunity to receive easy money in the form of a grant, sweepstakes, or prize.
- You are asked to send money to receive money.
- The person who you are messaging with asks for your phone number, email address or physical address.
- Someone you do not know shows a romantic interest in you very quickly.
- You are notified about a lucrative investment opportunity out of the blue.
- You are receiving messages or posts with poor spelling or grammar.
- You are offered a gift, prize, money or a coupon that seems "too good to be true."

It is critical that you only engage with others on social media platforms who you know. Use privacy settings to ensure only people who you know and trust can view your profile. If you have questions about a potential social media scam or how to lock down your privacy settings, contact AARP ElderWatch at 800-222-4444, option 2.

**800-222-4444**

Denver Metro Area  
303-222-4444

[www.aarpelderwatch.org](http://www.aarpelderwatch.org)

May 2024

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