



Black Forest Chapter of AARP #1100

"To serve, not to be served"

Chapter Website:

<http://aarpchapter1100blackforest.weebly.com>

July 6th, 2023

JULY PICNIC

Hostess: Chapter Officers & Board of Directors

Greeter: N/A

Program: Annual Picnic

Black Forest Regional Park Pavilion #1

July 12th, 2023 - 11:30am - 1:30pm

Main Dish: Board of Directors; Please bring a Side or Dessert to share.



JUNE 14TH MEETING MINUTES

I owe an apology to two of our recent members, when I looked for their application last month I couldn't find it. It got mixed up with some other papers, when I found it, it was too late to add their names. Let's add them now, Carolyn Wilson and Bonnie Kittel, welcome to AARP we are so glad you joined. Our latest members are Jill Fink Rarig she has agreed to do the monthly newsletter. Bless her little pea-picking heart. At our meeting today we have another member Ruth Myers.

Birthdays are Electa Beckner, Shirley Karlstrum, and Candace.

Anniversaries are Sue Fletcher, Ray and Lin Rozak, Jim and Lori Belk and Terry and Sybil Curry

Helen Von Gunden's services will be the 27th of July at 11:30 at Our Lady of the Pines, on Black Forest Rd. Interment at the National Cemetery on the 28th at 11:00. If we find out anything more we'll let you know.

Our meeting was at Mountain View Cafe, the church was having Youth meetings. We said our pledge and our prayer, I don't know by whom they were said, we were stuck in traffic on Black Forest Rd. and were late. Sorry.

Shredding Event: See minutes and photos on page 3.

July Annual Picnic: See minutes and additional information on page 2.

Black Forest Festival: See minutes and additional information on page 2.

Moving on to October, on the 21st we have an expo at the Double Tree Hotel, Denver has reserved a table for us and will send information for the table. Some giveaways and candy will be needed and of course our smiling faces. Stan can tell us more as he finds out.

Did you know that Colorado is number 13 for the worst allergy states? April, May and June being the worst months. Be sure to shower and change cloths when you go inside, drink water, juice, warm tea it helps break down mucus in your nose, neti pots (I use one) take medication (duh). Allergies can cause upset stomach, bloating, constipation, anxiety, on edge, brain fog, (I can blame it on allergies!).

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July Events**Board of Directors Meeting**

7th July Friday

@ 11:30am

iHop Restaurant.

Annual Picnic-

12th July Wednesday

@11:30am - 1:30pm.

Black Forest Regional Park, Pavilion #1

Senior Social -

26th July Wednesday

@ 1pm-4pm

BF Lutheran Church

Annual Picnic Wednesday July 12, 2023

Minutes: We have our picnic at the Black Forest Park, the second entrance (they'll be signs put up) in the pavilion. The main dishes are provided, lemonade, water, or bring your own drink. There is usually plants that are given away, and bingo, so bring a white elephant for the prizes.

Chicken and Lemonade will be provided, members are asked to bring your choice of either a side dish or a dessert to share. Please bring any other drink for yourself if you prefer.

Black Forest Regional Park is at the NE corner of Shoup and Milam. Turn onto Milam, go up the hill just a short ways to the driveway for the Pavilion/Playground parking lot. See you there!

Black Forest Festival 2023

Minutes: Black Forest Festival Saturday August 12th. On Friday the 11th at 4:00 PM we can set up the tent and tables. Lori and Jim have the tent and a table, Max is bringing 4 card tables, that should be enough. Saturday at 6:30 we can bring our goodies in and set them up. In the Community Center the Boy Scouts have a breakfast, pancakes and eggs for I think \$5. We will be selling bakery, plants and crafts that we have made. Stan has AARP information he'll bring, and Ray has a Box of AARP Chapter 1100 t-shirts he'll bring.

Our booth number is N36. We have tents and tables, all we need is stuff to sell. Plants and cookies went very well last year. If you're crafty make things, have things around your house in perfect condition but maybe your just tired of them, bring them in. As usual we need members to staff the tables, no one should be there all day, a few hours at a time is perfect. Ray and our neighbors do hay rides, donations are accepted, the donations go to the Community Center.

A volunteer signup sheet will be available at the Annual Picnic July 12th. Contact Ray Rozak for more information.

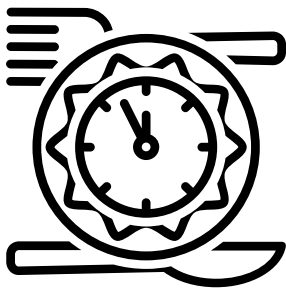
General**Announcements**

#1: Chapter 1100 has applied for an AARP Chapter Awareness Grant. We have partnered with the Pikes Peak Library District (PPLD) to purchase Adaptive Furniture for Children. The chapter should know next month if PPLD got the grant.

#2: Please bring your collected Soda can pop-top tabs to the picnic. We will be making a run to the Ronald McDonald House.

June 14th Luncheon at Mountain View Cafe

The Chapter had an "unscheduled" lunch away from our usual BF Lutheran Church location on Wednesday at the Mountain View Cafe. There was no program; we ate then continued with usual chapter business.



Upcoming Events

No August Meeting

8/12/2023 - Black Forest Festival @ 8am - 3pm

Volunteer Opportunities

8/23/2023 - Senior Social @ 1pm - 4pm



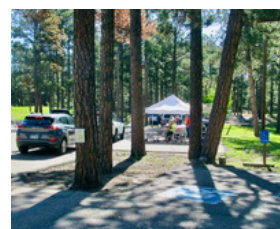
Volunteers unload personal documents to awaiting trucks for on-site professional shredding.



Electa Beckner (L) from Chapter 1100 delivers some of the 370 pounds of donated food to Lydia Zelones, Black Forest Care and Share Food Bank supervisor.

Shredding Event Success

Minutes: The shredding event was a big success, there were 187 people that went through, two trucks were used, 7000 pounds of paper was shredded, and 370 pounds of food was collected. There were checks for the Black Forest Food Bank for \$55. At the meeting today it was decided to donate \$200 from all the money that was received. The remainder of the money is going to be deposited in our checking account. Most of the people were from zip codes 80831 Peyton, 80908 Black Forest, 80808 Calahan & Ellicott. Most heard of the event by word of mouth, kind of like the old telephone game, I'll tell you, you tell them, they tell friends. You get the idea. Next year we need to get more information to Monument, West Colorado Springs, Banning Lewis, and Cordera Wolf Ranch.



The Chapter 1100 volunteers enjoy some well-earned pizza after a morning of hard work on the shredding line

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