



## BLACK FOREST CHAPTER OF AARP #1100

"To serve, not to be served"

Chapter Web Site: <http://aarpchapter1100blackforest.weebly.com>

January 12, 2022

### MERRY CHRISTMAS

The December meeting of Chapter 1100 of AARP in Black Forest was merry indeed. There was a good turn out & a delicious catered chicken dinner was enjoyed along with the side dishes, drinks, & desserts provided by the members.

President Candace Lehmann presided over a short business meeting which filled the gaps in the organization & activities which remained after our almost two-year hiatus due to the COVID pandemic.

The business meeting was culminated with the award of the 2020 & 2021 Chapter Longevity Badges. These unique name tag badges are presented in 5 year increments to members with five or more consecutive years of uninterrupted membership in the chapter. The badges, although earned by members, were not presented in 2020 because the chapter met only three times that year.

Santa's sleigh laden with many wrapped packages was present at the meeting. Ray & Lin Rozak, Santa's helpers, distributed the presents to the membership. The many potted poinsettias which decorated the festive scene were also given away. Everyone present received at least two or more items.

The next Chapter meeting is scheduled for noon January 12 at the Black Forest Lutheran Church, 12455 Black Forest Road. All ages are welcome.



Longevity Badges were awarded L-R to Helen Von Gunden (15 years), Lori Belk (5 years), Anna Skinner (5 years), Jim Belk (5 years), Durelle Pithy (5 years) & Beverly Schaab (10 years). Not shown: Karen Buck (5 years), Sue Fletcher (10 years) & Waldo Pendleton (25 years).



Santa's sleigh and some of the multitude of gifts that were given away!

ANNUAL DUES TO BE PAID BY END OF FEBRUARY. Those not paid will be dropped from the roster.

**Folks, I am having a problem printing the Annual Handout** - Publisher 2019 and Microsoft Windows 10 are not my friends. Since I won't have the Handouts ready to give you at this meeting I am going to include the necessary info for the next meetings here in the Newsletter. Also, use your 2020 Annual Handout for Chapter Officers, Board of Directors and Standing Committee information. Our Officers are basically the same.

**JANUARY:** Host/Hostess: Sharon Fulton Greeter: Helen Von Gunden

**FEBRUARY:** Host/Hostess: Lin & Ray Rozak Greeter: Sharon & Ken Fulton

**MARCH:** MEETING AT A RESTAURANT – TO BE DETERMINED

*HOST/HOSTESS BRINGS ROLLS/BREAD AND BUTTER.*

#### **2022 MENU SCHEDULE:**

JAN.: A thru D bring Main Entrée; E thru O bring Side dish/Salad; P thru W bring Dessert

FEB.: A thru D bring Side dish/Salad; E thru O bring Dessert; P thru W bring Main Entrée

MARCH: Meeting at a restaurant - to be determined

**THE SENIOR SOCIAL** will take place January 26th, February 23rd and March 23rd.

**JIM BELK** has graciously offered to answer your tax questions at the January meeting. Thanks Jim.

**OUR ANNUAL PICNIC reservation has been made for July 13th at BF Regional Park, Pav. #1**

---

#### **AARP Chapter 1100 Meeting Minutes, December 8, 2021**

We're getting better at our meetings - things are getting back to normal, we're still kind of uncertain of protocol but we're getting there. Candace is doing a great job and will get better with every meeting.

We said the Pledge of Alliance and Pastor Ken led us in a prayer. Weekday mornings Channel 21 has children from different schools saying the Pledge, I've watched it at 7 and 8 o'clock. They stand there with hands over their hearts and proudly say the Pledge. It brings a smile to my face and I say it with them. There are schools where the Pledge is no longer said, that is so wrong, I'm thankful that our schools still say it, & I pray they always will.

**MERRY CHRISTMAS!!!!** Every table had a poinsettia, Ray went to Home Depot & Lowe's he asked & they were donated. The room was decorated & very festive looking. Santa was in his sleigh, reindeers were harnessed & ready to be on their way. First the presents! They were handed out & everyone was happy. (I hope.)

Lunch was served, King Sooper make great chicken, the side dishes were good, as usual, & there was plenty of deserts. If you went home hungry it's your own fault. Lori Belk - thank you for all you do in the kitchen making lunch so pleasurable.

Our Speaker cancelled, she wasn't feeling well, but she assured us she would be here next month. She will inform us of the Veterans Flights to the Capital & other places.

The Longevity Badges were given out & pictures were taken. Then we all just sat around & talked & caught up with each other with what is going on in our lives.

The poinsettia's were given away before the end of the meeting. Take good care of them & they last years.

If you have ideas for speakers, or topics you'd like discussed, please talk to Ray & let's make it happen.

Patricia Dix moved to Georgia, likes it a lot & is doing well. Now we all have a place to go in the winter. Let's not tell her, it'll be a surprise.

I think that's it, meeting ended & we all went home full of delicious food & with presents.

Respectfully submitted,

Lin Rozak

## AVOID SCAMS

The start of a new year often means creating resolutions. Why not make your resolution to stay scam free this year? While scams can take various forms, there are often "red flags" that are common to many scams. Recognizing red flags will help you avoid new & old scams alike. The following are some common red flags that are indicative of many current scams out there today:

- ◆ You are asked to send payment in a non-traditional way, such as via pre-paid gift card, peer-to-peer payment app or crypto-currency
- ◆ You receive an unsolicited phone call or text message from a government agency, business or other entity that is unexpected & unprofessional often asking you to provide payment or other information
- ◆ You are requested to provide or verify critical information such as a bank account number, Medicare number or your Social Security number
- ◆ The request is urgent in nature, often with a timeline to ensure there is not time to verify its legitimacy
- ◆ The offer seems "too good to be true" or not in line with market value for the product or service
- ◆ There is little or no contact information for the organization & third-party reviews are limited or don't exist

Aside from recognizing red flags, one of the best ways to stay scam free this year is to "trust your gut." If something doesn't sound right, don't go along with it. If you have a question about a fraud or scam contact an AARP ElderWatch volunteer specialist for information and assistance. Stay Scam Free in 2022!

800-222-4444

[www.aarpelderwatch.org](http://www.aarpelderwatch.org)

### CHAPTER COMMITTEES

**Health Care:** Wash your hands. Waldo has a list of members willing to loan walkers, etc. so if you need one, or have one to loan, please contact him. If you have questions check with Waldo.

**Sunshine:** Get Well cards were sent to the following members: Lin Rozak & Chuck Karlstrum. (Electa is the Sunshine Committee & can be reached at 596-6787. Please call her directly so she doesn't hear about a member second hand.)

**Visit the Chapter website** at <http://aarpchapter1100blackforest.weebly.com/> so you too can see the latest Chapter information & upcoming events. **THIS IS ESPECIALLY USEFUL NOW. Stan has updated the website. Check it out!**

This newsletter was published and distributed with the assistance of the following merchants:

<b>Firehouse Famous Texas BBQ on the Run</b> <a href="http://www.firehouseontherun.com">www.firehouseontherun.com</a>	(719) 495-8453 12480 Black Forest Rd., 80908
<b>R &amp; R Coffee Café</b> <a href="http://www.rnrcoffeecafe.com">www.rnrcoffeecafe.com</a>	(719) 494-8300 11424 Black Forest Rd., 80908
<b>Rockin B Feed and Supply.</b> Feed, hay, pet foods, health supplies, saddles, tack. <a href="http://www.rockinbfeed.com">www.rockinbfeed.com</a>	(719) 495-3463 12440 Black Forest Rd., 80908
<b>The Original Black Forest Pies &amp; Grinders,</b> Pizza, subs, wings & more. Dine in – Take out – Delivery <a href="https://blackforestpiesandgrinders.com/">https://blackforestpiesandgrinders.com/</a>	(719) 495-8555 11470 Black Forest Rd., 80908
<b>Chiropractic of Black Forest.</b> Dr. Russell T. Swain. Walk-ins always welcome	(719) 494-0900 11590 Black Forest Rd.#20, 8091

"Acceptance of advertising or other assistance in this newsletter does not constitute endorsement or approval of this chapter of AARP of any service, product or advertiser."